

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
<b>Lunch/Dinner Items</b>																				
		•		•	Lunch/Dinner Main Dishes	1/2 lb cheesy potato burrito	248	-	530	2.1	-	25.0	8.0	14%	0.5	5	1,690	7	19	52
		•		•	Lunch/Dinner Main Dishes	1/2 lb combo burrito	241	-	450	1.9	-	18.0	7.0	14%	0.5	3	1,640	10	22	56
		•		•	Lunch/Dinner Main Dishes	1/2 lb nacho crunch burrito	234	-	520	2.2	-	25.0	8.0	14%	0.5	5	1,400	6	19	52
•		•			Lunch/Dinner Main Dishes	7-layer burrito	283	-	510	1.8	-	18.0	6.0	11%	0.0	5	1,410	12	18	68
•		•			Lunch/Dinner Main Dishes	Bean burrito	198	-	370	1.9	-	10.0	3.5	9%	0.0	3	1,270	11	14	70
		•		•	Lunch/Dinner Main Dishes	Beefy 5-layer burrito	248	-	550	2.2	-	22.0	8.0	13%	0.5	6	1,640	9	20	52
•		•			Lunch/Dinner Main Dishes	Burrito supreme - beef	248	-	420	1.7	-	15.0	7.0	15%	0.0	5	1,380	9	17	64
•		•			Lunch/Dinner Main Dishes	Burrito supreme - chicken	248	-	390	1.6	-	12.0	5.0	12%	0.0	5	1,420	7	21	68
•		•			Lunch/Dinner Main Dishes	Burrito supreme - steak	248	-	380	1.5	-	12.0	5.0	12%	0.0	5	1,340	7	18	66
				•	Lunch/Dinner Main Dishes	Chalupa Baja - beef	153	-	410	2.7	-	26.0	5.0	11%	0.5	4	720	5	13	54
•		•			Lunch/Dinner Main Dishes	Chalupa Baja - chicken	153	-	390	2.5	-	23.0	4.0	9%	0.0	4	760	3	16	64
•		•			Lunch/Dinner Main Dishes	Chalupa Baja - steak	153	-	380	2.5	-	23.0	4.0	9%	0.0	4	690	3	13	64
		•			Lunch/Dinner Main Dishes	Chalupa nacho cheese - beef	153	-	370	2.4	-	22.0	3.5	9%	0.0	4	730	4	12	62
•		•			Lunch/Dinner Main Dishes	Chalupa nacho cheese - chicken	153	-	340	2.2	-	18.0	2.0	5%	0.0	4	770	3	15	68
•		•			Lunch/Dinner Main Dishes	Chalupa nacho cheese - steak	153	-	330	2.2	-	19.0	2.5	7%	0.0	4	700	3	12	66
•				•	Lunch/Dinner Main Dishes	Chalupa supreme - beef	153	-	370	2.4	-	21.0	5.0	12%	0.5	4	600	4	13	64
•					Lunch/Dinner Main Dishes	Chalupa supreme - chicken	153	-	350	2.3	-	18.0	4.0	10%	0.0	4	640	3	17	68
•					Lunch/Dinner Main Dishes	Chalupa supreme - steak	153	-	340	2.2	-	18.0	4.0	11%	0.0	4	560	3	14	68
		•	•	•	Lunch/Dinner Main Dishes	Cheese quesadilla	142	-	470	3.3	-	26.0	11.0	21%	0.5	3	1,100	4	19	38
			•		Lunch/Dinner Main Dishes	Cheese roll-up	64	-	200	3.1	-	10.0	5.0	23%	0.0	1	530	2	9	38
		•			Lunch/Dinner Main Dishes	Cheesy bean & rice burrito	227	-	480	2.1	-	21.0	5.0	9%	0.0	5	1,440	7	13	54

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							size (g)	size (oz)	(Kcal)	density (kcal/g)	(% sugar by weight)			Trans fat (g)	Saturated fat					
		•		•	Lunch/Dinner Main Dishes	Cheesy double beef burrito	227	-	470	2.1	-	20.0	6.0	11%	0.5	4	1,580	6	18	52
		•			Lunch/Dinner Main Dishes	Chicken burrito	177	-	440	2.5	-	20.0	5.0	10%	0.0	3	1,260	3	16	48
		•	•	•	Lunch/Dinner Main Dishes	Chicken quesadilla	184	-	520	2.8	-	28.0	12.0	21%	0.5	3	1,420	4	28	40
•	•	•		•	Lunch/Dinner Main Dishes	Chicken ranch taco salad	420	-	910	2.2	-	54.0	10.0	10%	0.5	6	1,660	9	35	70
					Lunch/Dinner Main Dishes	Chicken soft taco	99	-	200	2.0	-	8.0	3.0	14%	0.0	1	640	1	12	48
		•			Lunch/Dinner Main Dishes	Chicken taquito	128	-	320	2.5	-	11.0	4.5	13%	0.0	2	1,000	2	18	44
		•	•	•	Lunch/Dinner Main Dishes	Chili cheese burrito	156	-	370	2.4	-	16.0	8.0	19%	0.5	3	1,080	4	16	46
•	•	•		•	Lunch/Dinner Main Dishes	Chipotle steak taco salad	420	-	900	2.1	-	57.0	11.0	11%	0.5	7	1,700	8	28	68
					Lunch/Dinner Main Dishes	Crispy potato soft taco	106	-	260	2.5	-	13.0	3.0	10%	0.0	2	690	3	6	52
		•			Lunch/Dinner Main Dishes	Crunchwrap supreme	254	-	540	2.1	-	21.0	7.0	12%	0.0	7	1,400	6	16	60
•			•		Lunch/Dinner Main Dishes	Crunchy taco	78	-	170	2.2	-	10.0	3.5	19%	0.0	1	330	3	8	68
•			•		Lunch/Dinner Main Dishes	Crunchy taco supreme	113	-	200	1.8	-	12.0	5.0	23%	0.0	2	350	3	9	64
•		•			Lunch/Dinner Main Dishes	Double decker taco	156	-	330	2.1	-	13.0	5.0	14%	0.0	2	820	8	14	70
•		•			Lunch/Dinner Main Dishes	Double decker taco supreme	191	-	360	1.9	-	15.0	6.0	15%	0.0	3	840	8	15	68
		•	•	•	Lunch/Dinner Main Dishes	Enchirito - beef	213	-	370	1.7	-	17.0	8.0	19%	0.5	2	1,430	8	19	54
		•	•		Lunch/Dinner Main Dishes	Enchirito - chicken	213	-	350	1.6	-	14.0	7.0	18%	0.0	2	1,470	7	22	52
		•	•		Lunch/Dinner Main Dishes	Enchirito - steak	213	-	340	1.6	-	14.0	7.0	19%	0.0	2	1,400	7	19	54
•		•		•	Lunch/Dinner Main Dishes	Express taco salad	447	-	660	1.5	-	34.0	10.0	14%	1.0	7	1,520	11	25	70
•	•	•		•	Lunch/Dinner Main Dishes	Fiesta taco salad	463	-	770	1.7	-	41.0	10.0	12%	1.0	8	1,650	12	27	68
•		•	•	•	Lunch/Dinner Main Dishes	Fiesta taco salad (without shell)	404	-	460	1.1	-	24.0	8.0	16%	1.0	7	1,420	11	22	72
•		•			Lunch/Dinner Main Dishes	Fresco bean burrito	213	-	340	1.6	-	8.0	2.5	7%	0.0	4	1,290	11	12	74
•		•			Lunch/Dinner Main Dishes	Fresco burrito supreme - chicken	241	-	340	1.4	-	8.0	2.5	7%	0.0	4	1,410	8	18	72
•		•			Lunch/Dinner Main Dishes	Fresco burrito supreme - steak	241	-	330	1.4	-	8.0	3.0	8%	0.0	4	1,340	8	16	72

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														saturated fat	Trans fat (g)					
•					Lunch/Dinner Main Dishes	Fresco crunchy taco	92	-	150	1.6	-	7.0	2.5	15%	0.0	1	350	3	7	68
•					Lunch/Dinner Main Dishes	Fresco grilled steak soft taco	128	-	160	1.3	-	4.5	1.5	8%	0.0	3	600	2	9	66
•		•			Lunch/Dinner Main Dishes	Fresco ranchero chicken soft taco	135	-	170	1.3	-	4.0	1.5	8%	0.0	3	740	2	12	66
•					Lunch/Dinner Main Dishes	Fresco soft taco - beef	113	-	180	1.6	-	7.0	3.0	15%	0.0	2	640	3	8	64
•					Lunch/Dinner Main Dishes	Gordita Baja - beef	153	-	340	2.2	-	18.0	5.0	13%	0.0	6	710	4	13	64
•		•			Lunch/Dinner Main Dishes	Gordita Baja - chicken	153	-	320	2.1	-	15.0	3.5	10%	0.0	6	750	3	16	66
•					Lunch/Dinner Main Dishes	Gordita Baja - steak	153	-	310	2.0	-	15.0	3.5	10%	0.0	6	670	3	14	68
•					Lunch/Dinner Main Dishes	Gordita nacho cheese - beef	153	-	290	1.9	-	14.0	3.0	9%	0.0	6	720	4	12	66
•		•			Lunch/Dinner Main Dishes	Gordita nacho cheese - chicken	153	-	270	1.8	-	10.0	1.5	5%	0.0	6	760	2	15	68
•					Lunch/Dinner Main Dishes	Gordita nacho cheese - steak	153	-	260	1.7	-	11.0	2.0	7%	0.0	6	690	2	12	64
•					Lunch/Dinner Main Dishes	Gordita supreme - beef	153	-	300	2.0	-	13.0	5.0	15%	0.0	6	590	4	13	66
•					Lunch/Dinner Main Dishes	Gordita supreme - chicken	153	-	270	1.8	-	10.0	3.5	12%	0.0	6	620	2	17	66
•					Lunch/Dinner Main Dishes	Gordita supreme - steak	153	-	270	1.8	-	11.0	4.0	13%	0.0	6	550	2	14	68
					Lunch/Dinner Main Dishes	Grilled steak soft taco	128	-	250	2.0	-	14.0	4.0	14%	0.0	2	710	2	11	50
		•		•	Lunch/Dinner Main Dishes	Grilled stuff burrito - beef	325	-	700	2.2	-	30.0	10.0	13%	1.0	6	2,100	12	27	52
		•			Lunch/Dinner Main Dishes	Grilled stuff burrito - chicken	325	-	650	2.0	-	24.0	7.0	10%	0.0	5	2,180	9	34	52
•		•			Lunch/Dinner Main Dishes	Grilled stuff burrito - steak	325	-	640	2.0	-	24.0	8.0	11%	0.0	6	2,030	9	28	64
		•		•	Lunch/Dinner Main Dishes	Mexican pizza	213	-	540	2.5	-	30.0	8.0	13%	0.5	2	1,020	8	21	58
		•	•	•	Lunch/Dinner Main Dishes	Meximelt	128	-	280	2.2	-	14.0	7.0	23%	0.5	2	870	4	15	48
					Lunch/Dinner Main Dishes	Nachos	99	-	330	3.3	-	21.0	2.0	5%	0.0	2	520	2	4	52
•	•	•		•	Lunch/Dinner Main Dishes	Nachos BellGrande	305	-	770	2.5	-	42.0	7.0	8%	0.5	5	1,300	15	20	70
•		•			Lunch/Dinner Main Dishes	Nachos supreme	191	-	440	2.3	-	24.0	5.0	10%	0.0	3	800	8	13	70
		•			Lunch/Dinner Main Dishes	Ranchero chicken soft taco	135	-	270	2.0	-	14.0	4.0	13%	0.0	2	840	2	14	62

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							size (g)	size (oz)						saturated fat	Trans fat (g)						
			●		Lunch/Dinner Main Dishes	Soft taco - beef	99	-	210	2.1	-	9.0	4.0	17%	0.0	2	620	3	10	52	
●			●		Lunch/Dinner Main Dishes	Soft taco supreme -beef	135	-	240	1.8	-	11.0	5.0	19%	0.0	3	650	3	11	64	
		●	●	●	Lunch/Dinner Main Dishes	Steak quesadilla	184	-	510	2.8	-	28.0	12.0	21%	1.0	3	1,340	4	25	40	
		●			Lunch/Dinner Main Dishes	Steak taquito	128	-	310	2.4	-	11.0	5.0	15%	0.0	3	930	2	15	44	
●		●			Lunch/Dinner Main Dishes	Tostada	170	-	250	1.5	-	10.0	3.5	13%	0.0	1	730	10	11	78	
●		●			Lunch/Dinner Main Dishes	Triple layer nachos	142	-	350	2.5	-	18.0	1.5	4%	0.0	2	740	7	7	72	
	●	●		●	Lunch/Dinner Main Dishes	Volcano burrito	303	-	800	2.6	-	42.0	12.0	14%	1.0	6	2,010	8	24	48	
	●	●		●	Lunch/Dinner Main Dishes	Volcano nachos	354	-	1000	2.8	-	62.0	9.0	8%	1.0	6	1,930	16	22	56	
			●		Lunch/Dinner Main Dishes	Volcano taco	92	-	240	2.6	-	17.0	5.0	19%	0.0	1	470	3	8	50	
		●			Lunch/Dinner Side Dishes	Cheesy fiesta potatoes	135	-	270	2.0	-	16.0	2.5	8%	0.0	2	840	3	4	58	
●		●			Lunch/Dinner Side Dishes	Mexican rice	85	-	130	1.5	-	3.5	0.0	0%	0.0	1	410	1	2	66	
●		●			Lunch/Dinner Side Dishes	Pintos 'n cheese	128	-	180	1.4	-	7.0	3.0	15%	0.0	1	720	9	10	80	
					<b>Beverages</b>																
					Side Beverages	Diet Pepsi- extra large	1182	40	0	0.0	0%	0.0	0.0	0%	0.0	0	125	0	0	70	
					Side Beverages	Diet Pepsi- large	887	30	0	0.0	0%	0.0	0.0	0%	0.0	0	95	0	0	70	
					Side Beverages	Diet Pepsi- medium	591	20	0	0.0	0%	0.0	0.0	0%	0.0	0	65	0	0	70	
					Side Beverages	Diet Pepsi- small	473	16	0	0.0	0%	0.0	0.0	0%	0.0	0	50	0	0	70	
●					Side Beverages	Dr. Pepper- extra large	1182	40	500	0.4	11%	0.0	0.0	0%	0.0	135	175	0	0	66	
●					Side Beverages	Dr. Pepper- large	887	30	375	0.4	12%	0.0	0.0	0%	0.0	102	132	0	0	66	
					Side Beverages	Dr. Pepper- medium	591	20	250	0.4	12%	0.0	0.0	0%	0.0	68	90	0	0	66	
					Side Beverages	Dr. Pepper- small	473	16	200	0.4	11%	0.0	0.0	0%	0.0	54	70	0	0	66	
●					Side Beverages	Lipton Raspberry Iced Tea- extra large	1182	40	400	0.3	9%	0.0	0.0	0%	0.0	105	125	0	0	68	
					Side Beverages	Lipton Raspberry Iced Tea- large	887	30	300	0.3	9%	0.0	0.0	0%	0.0	79	95	0	0	68	
					Side Beverages	Lipton Raspberry Iced Tea- medium	591	20	200	0.3	9%	0.0	0.0	0%	0.0	53	65	0	0	68	
					Side Beverages	Lipton Raspberry Iced Tea- small	473	16	160	0.3	9%	0.0	0.0	0%	0.0	42	50	0	0	68	
●					Side Beverages	Mountain Dew Baja Blast- extra large	1182	40	550	0.5	12%	0.0	0.0	0%	0.0	145	150	0	0	66	
●					Side Beverages	Mountain Dew Baja Blast- large	887	30	410	0.5	12%	0.0	0.0	0%	0.0	109	115	0	0	66	
					Side Beverages	Mountain Dew Baja Blast- medium	591	20	280	0.5	12%	0.0	0.0	0%	0.0	73	75	0	0	66	
					Side Beverages	Mountain Dew Baja Blast- small	473	16	220	0.5	12%	0.0	0.0	0%	0.0	58	60	0	0	66	
●					Side Beverages	Mountain Dew- extra large	1182	40	550	0.5	12%	0.0	0.0	0%	0.0	145	175	0	0	66	

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	•				Side Beverages	Mountain Dew- large	887	30	410	0.5	12%	0.0	0.0	0%	0.0	109	130	0	0	66
					Side Beverages	Mountain Dew- medium	591	20	280	0.5	12%	0.0	0.0	0%	0.0	73	90	0	0	66
					Side Beverages	Mountain Dew- small	473	16	220	0.5	12%	0.0	0.0	0%	0.0	58	70	0	0	66
	•				Side Beverages	MUG Root Beer- extra large	1182	40	500	0.4	12%	0.0	0.0	0%	0.0	145	200	0	0	66
	•				Side Beverages	MUG Root Beer- large	887	30	375	0.4	12%	0.0	0.0	0%	0.0	109	150	0	0	66
					Side Beverages	MUG Root Beer- medium	591	20	250	0.4	12%	0.0	0.0	0%	0.0	73	100	0	0	66
					Side Beverages	MUG Root Beer- small	473	16	200	0.4	12%	0.0	0.0	0%	0.0	58	80	0	0	66
	•				Side Beverages	Pepsi- extra large	1182	40	500	0.4	11%	0.0	0.0	0%	0.0	135	125	0	0	66
	•				Side Beverages	Pepsi- large	887	30	380	0.4	11%	0.0	0.0	0%	0.0	101	95	0	0	66
					Side Beverages	Pepsi- medium	591	20	250	0.4	12%	0.0	0.0	0%	0.0	68	65	0	0	66
					Side Beverages	Pepsi- small	473	16	200	0.4	11%	0.0	0.0	0%	0.0	54	50	0	0	66
	•				Side Beverages	Sierra Mist- extra large	1182	40	500	0.4	11%	0.0	0.0	0%	0.0	135	100	0	0	66
	•				Side Beverages	Sierra Mist- large	887	30	380	0.4	11%	0.0	0.0	0%	0.0	101	75	0	0	66
					Side Beverages	Sierra Mist- medium	591	20	250	0.4	12%	0.0	0.0	0%	0.0	68	50	0	0	66
					Side Beverages	Sierra Mist- small	473	16	200	0.4	11%	0.0	0.0	0%	0.0	54	40	0	0	66
	•				Side Beverages	Tropicana fruit punch- extra large	1182	40	550	0.5	13%	0.0	0.0	0%	0.0	150	125	0	0	66
	•				Side Beverages	Tropicana fruit punch- large	887	30	410	0.5	13%	0.0	0.0	0%	0.0	113	95	0	0	66
					Side Beverages	Tropicana fruit punch- medium	591	20	280	0.5	13%	0.0	0.0	0%	0.0	75	65	0	0	66
					Side Beverages	Tropicana fruit punch- small	473	16	220	0.5	13%	0.0	0.0	0%	0.0	60	50	0	0	66
	•				Side Beverages	Tropicana pink lemonade- extra large	1182	40	500	0.4	11%	0.0	0.0	0%	0.0	135	525	0	0	66
	•				Side Beverages	Tropicana pink lemonade- large	887	30	380	0.4	11%	0.0	0.0	0%	0.0	101	395	0	0	66
					Side Beverages	Tropicana pink lemonade- medium	591	20	250	0.4	12%	0.0	0.0	0%	0.0	68	265	0	0	66
					Side Beverages	Tropicana pink lemonade- small	473	16	200	0.4	11%	0.0	0.0	0%	0.0	54	210	0	0	66

### Snacks and Desserts

	•				Snack Beverages	Mango Strawberry Frutista Freeze	479	-	250	0.5	12%	0.0	0.0	0%	0.0	59	10	0	0	66
					Snack Beverages	Strawberry Frutista Freeze	479	-	230	0.5	12%	0.0	0.0	0%	0.0	57	55	0	0	66
					Sweet Snacks	Caramel apple empanada	85	-	310	3.6	-	15.0	2.5	7%	0.0	13	310	2	3	52
					Sweet Snacks	Cinnamon twists	35	-	170	4.9	-	7.0	0.0	0%	0.0	10	200	1	1	40