

Starbucks

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score	
					Breakfast Items																
		•			Breakfast Main Dishes	Asiago bagel	113	-	310	2.7	-	3.0	2.5	7%	0.0	5	650	2	13	50	
		•	•		Breakfast Main Dishes	Bacon, gouda cheese, and egg frittata on artisan roll	122	-	380	3.1	-	20.0	8.0	19%	0.0	1	1,050	0	19	34	
		•			Breakfast Main Dishes	Black forest ham, parmesan frittata, and cheddar on artisan roll	133	-	370	2.8	-	16.0	6.0	15%	0.0	1	730	0	23	44	
•		•			Breakfast Main Dishes	Chonga bagel	113	-	310	2.7	-	5.0	2.0	6%	0.0	5	540	3	12	66	
	•	•	•		Breakfast Main Dishes	Classic sausage, egg, and cheddar breakfast sandwich	179	-	500	2.8	-	29.0	9.0	16%	0.0	3	980	2	20	44	
		•			Breakfast Main Dishes	Egg white, spinach and feta wrap	158	-	280	1.8	-	9.0	3.5	11%	0.0	4	1,140	8	19	56	
		•			Breakfast Main Dishes	Hawaiian bagel	113	-	360	3.2	-	8.0	1.0	3%	0.0	17	500	2	12	62	
					Breakfast Main Dishes	Perfect oatmeal with brown sugar topping	51	-	190	3.7	-	2.5	0.5	2%	0.0	13	105	4	5	58	
					Breakfast Main Dishes	Perfect oatmeal with dried fruit topping	68	-	240	3.5	-	2.5	0.5	2%	0.0	20	115	6	6	60	
•					Breakfast Main Dishes	Perfect oatmeal with nut medley topping	53	-	240	4.5	-	11.5	1.5	6%	0.0	1	105	5	7	72	
•		•			Breakfast Main Dishes	Reduced-fat turkey bacon, egg white breakfast sandwich	149	-	340	2.3	-	10.0	3.0	8%	0.0	6	750	3	22	66	
					Beverages																
•					Coffee Beverages	Caffe americano - grande	473	16	15	0.0	0%	0.0	0.0	0%	0.0	0	10	0	1	70	
•					Coffee Beverages	Caffe americano - short	236	8	5	0.0	0%	0.0	0.0	0%	0.0	0	-	0	0	70	
•					Coffee Beverages	Caffe americano - tall	355	12	10	0.0	0%	0.0	0.0	0%	0.0	0	5	0	1	70	
•					Coffee Beverages	Caffe americano - venti	591	20	25	0.0	0%	0.0	0.0	0%	0.0	0	10	0	1	70	
•			•		Coffee Beverages	Caffe latte - grande - 2% milk	473	16	190	0.4	4%	7.0	4.5	21%	0.0	17	150	0	12	72	
•					Coffee Beverages	Caffe latte - grande - nonfat milk	473	16	130	0.3	4%	0.0	0.0	0%	0.0	18	150	0	13	72	
•					Coffee Beverages	Caffe latte - grande - soy milk	473	16	170	0.4	4%	4.5	0.5	3%	0.0	17	125	1	9	72	
•			•		Coffee Beverages	Caffe latte - short - 2% milk	236	8	100	0.4	3%	3.5	2.5	23%	0.0	8	75	0	6	70	

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
●					Coffee Beverages	Caffe latte - short - soy milk	236	8	90	0.4	4%	2.5	0.0	0%	0.0	9	65	1	4	72
●			●		Coffee Beverages	Caffe latte - tall - 2% milk	355	12	150	0.4	4%	6.0	3.5	21%	0.0	13	115	0	10	72
●					Coffee Beverages	Caffe latte - tall - nonfat milk	355	12	100	0.3	4%	0.0	0.0	0%	0.0	14	120	0	10	72
●					Coffee Beverages	Caffe latte - tall - soy milk	355	12	130	0.4	4%	4.0	0.5	3%	0.0	14	100	1	7	72
●			●		Coffee Beverages	Caffe latte - venti - 2% milk	591	20	240	0.4	4%	9.0	6.0	23%	0.0	22	190	0	16	70
●					Coffee Beverages	Caffe latte - venti - nonfat milk	591	20	170	0.3	4%	0.0	0.0	0%	0.0	23	190	0	16	72
●					Coffee Beverages	Caffe latte - venti - soy milk	591	20	240	0.4	4%	6.0	1.0	4%	0.0	23	170	2	11	72
●					Coffee Beverages	Caffe latte with non-fat milk- short	236	8	70	0.3	4%	0.0	0.0	0%	0.0	9	75	0	6	72
●					Coffee Beverages	Caffe mocha - grande - 2% milk	473	16	260	0.5	7%	8.0	4.0	14%	0.0	31	125	2	13	70
●					Coffee Beverages	Caffe mocha - grande - nonfat milk	473	16	220	0.5	7%	2.5	0.5	2%	0.0	32	125	2	13	70
●					Coffee Beverages	Caffe mocha - grande - soy milk	473	16	250	0.5	7%	6.0	1.0	4%	0.0	32	110	3	10	70
●					Coffee Beverages	Caffe mocha - short - 2% milk	236	8	130	0.6	7%	4.0	2.0	14%	0.0	16	60	1	6	70
●					Coffee Beverages	Caffe mocha - short - nonfat milk	236	8	110	0.5	7%	1.0	0.0	0%	0.0	16	65	1	7	70
●					Coffee Beverages	Caffe mocha - short - soy milk	236	8	130	0.6	7%	3.0	0.0	0%	0.0	16	55	1	5	70
●			●		Coffee Beverages	Caffe mocha - tall - 2% milk	355	12	200	0.6	7%	6.0	3.5	16%	0.0	24	100	1	10	70
●					Coffee Beverages	Caffe mocha - tall - nonfat milk	355	12	170	0.5	7%	2.0	0.0	0%	0.0	25	100	1	10	70
●					Coffee Beverages	Caffe mocha - tall - soy milk	355	12	190	0.5	7%	5.0	0.5	2%	0.0	25	90	2	8	70
●					Coffee Beverages	Caffe mocha - venti - 2% milk	591	20	340	0.6	7%	10.0	5.0	13%	0.0	40	160	2	17	70
●					Coffee Beverages	Caffe mocha - venti - nonfat milk	591	20	280	0.5	7%	3.0	0.5	2%	0.0	41	170	2	17	70
●					Coffee Beverages	Caffe mocha - venti - soy milk	591	20	320	0.5	7%	8.0	1.0	3%	0.0	41	140	4	13	70
●			●		Coffee Beverages	Cappucino - grande - 2% milk	473	16	120	0.3	2%	4.0	2.5	19%	0.0	10	85	0	8	72
●					Coffee Beverages	Cappucino - grande - nonfat milk	473	16	80	0.2	2%	0.0	0.0	0%	0.0	10	90	0	8	72
●					Coffee Beverages	Cappucino - grande - soy milk	473	16	110	0.2	2%	3.0	0.0	0%	0.0	10	75	1	5	70

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●			●		Coffee Beverages	Cappucino - short - 2% milk	236	8	80	0.3	3%	3.0	2.0	23%	0.0	7	60	0	5	72
●					Coffee Beverages	Cappucino - short - nonfat milk	236	8	50	0.2	3%	0.0	0.0	0%	0.0	7	60	0	5	72
●					Coffee Beverages	Cappucino - short - soy milk	236	8	70	0.3	3%	5.0	0.0	0%	0.0	7	50	1	4	72
●			●		Coffee Beverages	Cappucino - tall - 2% milk	355	12	90	0.3	2%	3.5	2.0	20%	0.0	8	70	0	6	72
●					Coffee Beverages	Cappucino - tall - nonfat milk	355	12	60	0.2	2%	0.0	0.0	0%	0.0	8	70	0	6	72
●					Coffee Beverages	Cappucino - tall - soy milk	355	12	80	0.2	2%	2.5	0.0	0%	0.0	8	60	1	4	70
●			●		Coffee Beverages	Cappucino - venti - 2% milk	591	20	150	0.3	2%	6.0	3.5	21%	0.0	13	120	0	10	72
●					Coffee Beverages	Cappucino - venti - nonfat milk	591	20	110	0.2	2%	0.0	0.0	0%	0.0	14	120	0	10	72
●					Coffee Beverages	Cappucino - venti - soy milk	591	20	140	0.2	2%	4.0	0.5	3%	0.0	14	105	1	7	70
●					Coffee Beverages	Caramel apple spice (without whip) - grande	473	16	310	0.7	14%	0.0	0.0	0%	0.0	66	25	0	0	74
●					Coffee Beverages	Caramel apple spice (without whip) - short	236	8	160	0.7	14%	0.0	0.0	0%	0.0	34	15	0	0	74
●					Coffee Beverages	Caramel apple spice (without whip) - tall	355	12	240	0.7	14%	0.0	0.0	0%	0.0	51	20	0	0	74
●	●				Coffee Beverages	Caramel apple spice (without whip) - venti	591	20	390	0.7	14%	0.0	0.0	0%	0.0	84	30	0	0	74
●			●		Coffee Beverages	Caramel macchiato - grande - 2% milk	473	16	240	0.5	7%	7.0	4.5	17%	0.0	31	130	0	10	70
●					Coffee Beverages	Caramel macchiato - grande - nonfat milk	473	16	190	0.4	7%	1.0	0.5	2%	0.0	32	135	0	11	70
					Coffee Beverages	Caramel macchiato - grande - soy milk	473	16	230	0.5	7%	5.0	1.0	4%	0.0	32	115	1	7	68
			●		Coffee Beverages	Caramel macchiato - short - 2% milk	236	8	120	0.5	6%	4.0	2.5	19%	0.0	15	70	0	5	68
●					Coffee Beverages	Caramel macchiato - short - nonfat milk	236	8	100	0.4	6%	1.0	0.5	5%	0.0	15	75	0	6	70
●					Coffee Beverages	Caramel macchiato - short - soy milk	236	8	110	0.5	6%	2.5	1.0	8%	0.0	15	60	1	4	70
●			●		Coffee Beverages	Caramel macchiato - tall - 2% milk	355	12	180	0.5	6%	5.0	3.5	18%	0.0	23	100	0	8	70
●					Coffee Beverages	Caramel macchiato - tall - nonfat milk	355	12	140	0.4	6%	1.0	0.5	3%	0.0	23	105	0	8	70
●					Coffee Beverages	Caramel macchiato - tall - soy milk	355	12	170	0.5	6%	4.0	1.0	5%	0.0	23	90	1	6	70
●					Coffee Beverages	Caramel macchiato - venti - 2% milk	591	20	300	0.5	7%	8.0	5.0	15%	0.0	39	160	0	13	70

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●					Coffee Beverages	Caramel macchiato - venti - nonfat milk	591	20	240	0.4	7%	1.0	1.0	4%	0.0	40	170	0	13	70
					Coffee Beverages	Caramel macchiato - venti - soy milk	591	20	280	0.5	7%	6.0	1.5	5%	0.0	40	140	1	9	68
●					Coffee Beverages	Espresso - doppio	59	2	10	0.2	0%	0.0	0.0	0%	0.0	0	-	0	1	72
●					Coffee Beverages	Espresso - solo	30	1	5	0.2	0%	0.0	0.0	0%	0.0	0	-	0	0	70
●	●		●		Coffee Beverages	Espresso chocolate truffle (without whip) - grande	473	16	370	0.8	8%	11.0	7.0	17%	0.0	37	135	6	15	70
			●		Coffee Beverages	Espresso chocolate truffle (without whip) - short	236	8	190	0.8	8%	5.0	3.5	17%	0.0	18	70	3	7	68
					Coffee Beverages	Espresso chocolate truffle (without whip) - tall	355	12	300	0.8	8%	9.0	5.0	15%	0.0	30	110	5	11	68
●	●		●		Coffee Beverages	Espresso chocolate truffle (without whip) - venti	591	20	490	0.8	8%	14.0	9.0	17%	0.0	49	180	8	19	70
●					Coffee Beverages	Flavored latte - grande - 2% milk	473	16	250	0.5	7%	6.0	4.0	14%	0.0	34	135	0	12	70
●					Coffee Beverages	Flavored latte - grande - nonfat milk	473	16	200	0.4	7%	0.0	0.0	0%	0.0	35	140	0	12	70
●					Coffee Beverages	Flavored latte - grande - soy milk	473	16	240	0.5	7%	4.5	0.5	2%	0.0	35	120	1	8	70
●					Coffee Beverages	Flavored latte - short - 2% milk	236	8	130	0.6	7%	3.5	2.0	14%	0.0	17	70	0	6	70
●					Coffee Beverages	Flavored latte - short - nonfat milk	236	8	100	0.4	7%	0.0	0.0	0%	0.0	17	70	0	6	70
●					Coffee Beverages	Flavored latte - short - soy milk	236	8	120	0.5	7%	2.0	0.0	0%	0.0	17	60	1	4	70
●			●		Coffee Beverages	Flavored latte - tall - 2% milk	355	12	190	0.5	7%	5.0	3.5	17%	0.0	26	110	0	9	70
●					Coffee Beverages	Flavored latte - tall - nonfat milk	355	12	150	0.4	8%	0.0	0.0	0%	0.0	27	115	0	9	70
●					Coffee Beverages	Flavored latte - tall - soy milk	355	12	180	0.5	8%	3.5	0.5	3%	0.0	27	95	1	6	70
●					Coffee Beverages	Flavored latte - venti - 2% milk	591	20	320	0.5	7%	8.0	5.0	14%	0.0	43	180	0	15	70
●					Coffee Beverages	Flavored latte - venti - nonfat milk	591	20	250	0.4	7%	0.0	0.0	0%	0.0	44	180	0	15	70
●					Coffee Beverages	Flavored latte - venti - soy milk	591	20	300	0.5	7%	6.0	1.0	3%	0.0	44	160	2	10	70
●					Coffee Beverages	Skinny latte (any flavor) - grande	473	16	130	0.3	4%	0.0	0.0	0%	0.0	17	170	0	12	72
●					Coffee Beverages	Skinny latte (any flavor) - short	236	8	60	0.3	3%	0.0	0.0	0%	0.0	8	80	0	6	72
●					Coffee Beverages	Skinny latte (any flavor) - tall	355	12	90	0.3	3%	0.0	0.0	0%	0.0	12	125	0	9	72

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●					Coffee Beverages	Skinny latte (any flavor) - venti	591	20	160	0.3	4%	0.0	0.0	0%	0.0	22	210	0	15	72
	●		●		Coffee Beverages	White chocolate mocha (without whip) - grande - 2% milk	473	16	400	0.8	12%	11.0	8.0	18%	0.0	58	240	0	15	64
					Coffee Beverages	White chocolate mocha (without whip) - grande - nonfat milk	473	16	350	0.7	12%	6.0	4.5	12%	0.0	58	240	0	15	68
	●				Coffee Beverages	White chocolate mocha (without whip) - grande - soy milk	473	16	390	0.8	12%	9.0	5.0	12%	0.0	58	220	1	12	64
			●		Coffee Beverages	White chocolate mocha (without whip) - short - 2% milk	236	8	200	0.8	12%	6.0	4.0	18%	0.0	29	120	0	7	64
					Coffee Beverages	White chocolate mocha (without whip) - short - nonfat milk	236	8	180	0.8	12%	3.0	2.0	10%	0.0	29	120	0	7	68
					Coffee Beverages	White chocolate mocha (without whip) - short - soy milk	236	8	190	0.8	12%	4.5	2.5	12%	0.0	29	110	1	6	64
					Coffee Beverages	White chocolate mocha (without whip) - tall - 2% milk	355	12	310	0.9	12%	9.0	6.0	17%	0.0	44	180	0	11	64
●					Coffee Beverages	White chocolate mocha (without whip) - tall - nonfat milk	355	12	270	0.8	13%	4.5	3.5	12%	0.0	45	190	0	12	70
					Coffee Beverages	White chocolate mocha (without whip) - tall - soy milk	355	12	300	0.8	13%	7.0	3.5	11%	0.0	45	170	1	9	66
	●		●		Coffee Beverages	White chocolate mocha (without whip) - venti - 2% milk	591	20	510	0.9	12%	15.0	10.0	18%	0.0	73	300	0	19	66
	●				Coffee Beverages	White chocolate mocha (without whip) - venti - nonfat milk	591	20	450	0.8	13%	7.0	6.0	12%	0.0	74	310	0	19	68
	●				Coffee Beverages	White chocolate mocha (without whip) - venti - soy milk	591	20	490	0.8	13%	12.0	6.0	11%	0.0	74	290	1	15	64
●					Side Beverages	Brewed coffee- grande	473	16	5	0.8	0%	0.0	0.0	0%	0.0	0	10	0	1	70
●					Side Beverages	Brewed coffee- short	236	8	5	0.8	0%	0.0	0.0	0%	0.0	0	5	0	0	70
●					Side Beverages	Brewed coffee- tall	355	12	5	0.8	0%	0.0	0.0	0%	0.0	0	10	0	0	70
●					Side Beverages	Brewed coffee- venti	591	20	5	0.8	0%	0.0	0.0	0%	0.0	0	10	0	1	70
●					Side Beverages	Hot chocolate (w/o whip) - grande - 2% milk	473	16	300	0.8	13%	9.0	4.5	0%	0.0	39	140	2	14	70
●					Side Beverages	Hot chocolate (w/o whip) - grande - nonfat milk	473	16	240	0.8	17%	2.5	0.5	0%	0.0	40	140	2	14	70
●					Side Beverages	Hot chocolate (w/o whip) - grande - soy milk	473	16	280	0.8	14%	7.0	1.0	0%	0.0	40	125	3	10	70
					Side Beverages	Hot chocolate (w/o whip) - short - 2% milk	236	8	160	0.8	14%	4.5	2.5	0%	0.0	22	70	1	7	66
					Side Beverages	Hot chocolate (w/o whip) - short - nonfat milk	236	8	140	0.8	16%	1.0	0.0	0%	0.0	22	90	1	7	68
					Side Beverages	Hot chocolate (w/o whip) - short - soy milk	236	8	150	0.8	15%	3.5	0.5	0%	0.0	22	60	2	5	68
●					Side Beverages	Hot chocolate (w/o whip) - tall - 2% milk	355	12	230	0.8	13%	7.0	3.5	0%	0.0	31	110	1	10	70
●					Side Beverages	Hot chocolate (w/o whip) - tall - nonfat milk	355	12	190	0.8	16%	2.0	0.0	0%	0.0	31	110	1	11	70

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●					Side Beverages	Hot chocolate (w/o whip) - tall - soy milk	355	12	220	0.8	14%	5.0	1.0	0%	0.0	31	95	2	8	70
					Side Beverages	Hot chocolate (w/o whip) - venti - 2% milk	591	20	390	0.8	13%	11.0	6.0	0%	0.0	52	180	2	17	68
●					Side Beverages	Hot chocolate (w/o whip) - venti - nonfat milk	591	20	320	0.8	17%	3.0	0.5	0%	0.0	53	180	2	18	70
●					Side Beverages	Hot chocolate (w/o whip) - venti - soy milk	591	20	370	0.8	14%	9.0	1.5	0%	0.0	53	160	4	13	70
●	●				Side Beverages	Signature hot chocolate (without whip) - grande	473	16	410	0.8	10%	12.0	8.0	0%	0.0	42	160	7	16	70
●	●				Side Beverages	Signature hot chocolate (without whip) - short	236	8	210	0.8	10%	6.0	4.0	0%	0.0	21	80	4	8	70
	●				Side Beverages	Signature hot chocolate (without whip) - tall	355	12	320	0.8	10%	9.0	6.0	0%	0.0	33	120	5	12	68
	●				Side Beverages	Signature hot chocolate (without whip) - venti	591	20	530	0.8	10%	16.0	10.0	0%	0.0	54	200	9	20	68
●					Side Beverages	Tazo tea- grande	473	16	0	0.8	0%	0.0	0.0	0%	0.0	0	-	0	0	70
●					Side Beverages	Tazo tea- short	236	8	0	0.8	0%	0.0	0.0	0%	0.0	0	-	0	0	70
●					Side Beverages	Tazo tea- tall	355	12	0	0.8	0%	0.0	0.0	0%	0.0	0	-	0	0	70
●					Side Beverages	Tazo tea- venti	591	20	0	0.8	0%	0.0	0.0	0%	0.0	0	-	0	0	70
Snacks and Desserts																				
●					Snack Beverages	Banana chocolate Vivanno smoothie - grande - 2% milk	473	16	270	0.6	6%	4.5	0.0	0%	0.0	30	140	6	18	74
●	●				Snack Beverages	Banana chocolate Vivanno smoothie - grande - nonfat milk	473	16	250	0.5	6%	2.0	0.5	2%	0.0	30	140	6	18	74
●					Snack Beverages	Banana chocolate Vivanno smoothie - grande - soy milk	473	16	270	0.6	6%	4.0	0.5	2%	0.0	30	135	7	17	74
					Snack Beverages	Caramel Frappucino - grande	473	16	270	0.6	10%	3.5	2.5	8%	0.0	45	230	0	5	66
					Snack Beverages	Caramel Frappucino - tall	355	12	220	0.6	11%	3.0	2.0	8%	0.0	38	180	0	4	66
	●				Snack Beverages	Caramel Frappucino - venti	709	24	380	0.5	9%	5.0	3.0	7%	0.0	66	320	0	7	66
					Snack Beverages	Caramel Frappucino light - grande	473	16	160	0.3	4%	1.5	0.0	0%	0.0	21	230	3	5	70
					Snack Beverages	Caramel Frappucino light - tall	355	12	130	0.4	5%	1.0	0.0	0%	0.0	18	180	2	4	68
					Snack Beverages	Caramel Frappucino light - venti	709	24	220	0.3	4%	1.5	0.0	0%	0.0	30	320	3	7	70
					Snack Beverages	Coffee Frappucino - grande	473	16	240	0.5	8%	3.0	2.0	8%	0.0	40	220	0	5	68

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
					Snack Beverages	Coffee Frappucino - tall	355	12	180	0.5	9%	2.5	1.5	8%	0.0	31	170	0	4	68
					Snack Beverages	Coffee Frappucino - venti	709	24	340	0.5	8%	4.5	2.5	7%	0.0	57	320	0	7	68
					Snack Beverages	Coffee Frappucino light - grande	473	16	130	0.3	3%	0.5	0.0	0%	0.0	16	230	3	5	70
					Snack Beverages	Coffee Frappucino light - tall	355	12	90	0.3	3%	0.5	0.0	0%	0.0	12	160	2	4	70
					Snack Beverages	Coffee Frappucino light - venti	709	24	180	0.3	3%	1.0	0.0	0%	0.0	23	320	4	8	70
	•				Snack Beverages	Double chocolatey chip Frappucino - grande	473	16	400	0.8	12%	8.0	4.0	9%	0.0	57	290	2	13	66
					Snack Beverages	Double chocolatey chip Frappucino - tall	355	12	300	0.8	12%	6.0	2.5	8%	0.0	43	230	2	10	66
	•	•			Snack Beverages	Double chocolatey chip Frappucino - venti	709	24	550	0.8	11%	11.0	5.0	8%	0.0	79	410	2	18	68
					Snack Beverages	Java chip Frappucino - grande	473	16	340	0.7	11%	8.0	5.0	13%	0.0	52	230	2	7	64
					Snack Beverages	Java chip Frappucino - tall	355	12	260	0.7	11%	6.0	4.0	14%	0.0	40	180	1	5	64
	•				Snack Beverages	Java chip Frappucino - venti	709	24	490	0.7	11%	11.0	8.0	15%	0.0	75	320	2	10	64
					Snack Beverages	Mocha Frappucino - grande	473	16	260	0.5	10%	3.5	2.0	7%	0.0	45	230	0	6	66
					Snack Beverages	Mocha Frappucino - tall	355	12	200	0.6	10%	3.0	1.5	7%	0.0	34	170	0	4	66
	•				Snack Beverages	Mocha Frappucino - venti	709	24	380	0.5	9%	5.0	3.0	7%	0.0	65	320	1	8	66
					Snack Beverages	Mocha Frappucino light - grande	473	16	140	0.3	4%	1.0	0.0	0%	0.0	19	230	3	6	70
					Snack Beverages	Mocha Frappucino light - tall	355	12	110	0.3	4%	1.0	0.0	0%	0.0	15	170	2	4	70
					Snack Beverages	Mocha Frappucino light - venti	709	24	210	0.3	4%	2.0	0.0	0%	0.0	28	310	4	8	70
•					Snack Beverages	Orange mango banana Vivanno smoothie - grande - 2% milk	473	16	260	0.5	7%	1.5	1.0	3%	0.0	35	115	6	15	74
•					Snack Beverages	Orange mango banana Vivanno smoothie - grande - nonfat milk	473	16	250	0.5	7%	0.5	0.0	0%	0.0	35	115	6	15	74
•					Snack Beverages	Orange mango banana Vivanno smoothie - grande - soy milk	473	16	260	0.5	7%	1.5	0.0	0%	0.0	35	115	6	15	74
					Snack Beverages	Strawberries & creme Frappucino - grande	473	16	350	0.7	14%	2.0	0.0	0%	0.0	64	300	1	11	66
					Snack Beverages	Strawberries & creme Frappucino - tall	355	12	270	0.8	14%	2.0	0.0	0%	0.0	48	230	1	6	66
	•	•			Snack Beverages	Strawberries & creme Frappucino - venti	709	24	450	0.6	12%	3.0	0.0	0%	0.0	82	370	2	14	68

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
●					Snack Beverages	Strawberry banana Vivanno smoothie - grande 2% milk	473	16	270	0.6	8%	2.0	1.0	3%	0.0	38	115	7	15	74
●					Snack Beverages	Strawberry banana Vivanno smoothie - grande nonfat milk	473	16	270	0.6	8%	1.0	0.0	0%	0.0	38	115	7	15	74
●					Snack Beverages	Strawberry banana Vivanno smoothie - grande soy milk	473	16	280	0.6	8%	1.5	0.0	0%	0.0	38	115	7	15	74
	●				Snack Beverages	Tazo green tea Frappucino - grande	473	16	380	0.8	14%	2.5	0.0	0%	0.0	67	290	1	11	64
					Snack Beverages	Tazo green tea Frappucino - tall	355	12	290	0.8	14%	2.0	0.0	0%	0.0	51	230	1	9	64
	●	●			Snack Beverages	Tazo green tea Frappucino - venti	709	24	540	0.8	13%	3.5	0.5	1%	0.0	95	410	2	16	68
					Snack Beverages	Vanilla bean Frappucino - grande	473	16	350	0.7	13%	2.5	0.0	0%	0.0	60	310	0	11	68
					Snack Beverages	Vanilla bean Frappucino - tall	355	12	260	0.7	12%	2.0	0.0	0%	0.0	44	230	0	9	68
	●	●			Snack Beverages	Vanilla bean Frappucino - venti	709	24	490	0.7	12%	3.5	0.5	1%	0.0	82	430	0	16	68
			●	●	Snack Foods	Butter croissant	85	-	310	3.6	-	18.0	11.0	32%	1.0	4	290	1	5	36
		●			Sweet Snacks	Apple bran muffin with omega 3's and fiber	121	-	350	2.9	-	9.0	2.5	6%	0.0	34	520	7	6	50
	●	●	●		Sweet Snacks	Apple fritter	124	-	420	3.4	-	20.0	9.0	19%	0.0	27	360	1	5	34
	●				Sweet Snacks	Banana nut bread	121	-	490	4.0	-	19.0	2.5	5%	0.0	46	210	4	7	44
			●		Sweet Snacks	Blueberry oat bar with organic blueberries	70	-	250	3.6	-	10.0	6.0	22%	0.0	15	90	4	3	46
	●	●	●	●	Sweet Snacks	Blueberry scone	120	-	460	3.8	-	22.0	12.0	23%	0.5	17	420	2	7	34
	●	●			Sweet Snacks	Blueberry streusel muffin	121	-	360	3.0	-	11.0	6.0	15%	0.0	33	440	2	7	38
	●	●	●		Sweet Snacks	Cheese danish	98	-	420	4.3	-	25.0	16.0	34%	0.0	16	370	1	7	28
	●		●		Sweet Snacks	Chocolate chunk cookie	84	-	360	4.3	-	17.0	10.0	25%	0.0	31	170	2	4	24
			●	●	Sweet Snacks	Chocolate croissant	80	-	300	3.8	-	17.0	10.0	30%	0.5	10	220	2	5	36
	●		●		Sweet Snacks	Chocolate old-fashioned donut	107	-	420	3.9	-	21.0	9.0	19%	0.0	35	340	2	5	28
	●		●		Sweet Snacks	Classic glazed old-fashioned doughnut	107	-	420	3.9	-	21.0	10.0	21%	0.0	34	260	1	4	28
	●	●	●	●	Sweet Snacks	Cranberry orange scone	122	-	470	3.9	-	17.0	9.0	17%	0.5	27	460	2	8	34
	●		●		Sweet Snacks	Double chocolate brownie	92	-	410	4.5	-	24.0	7.0	15%	0.0	30	75	3	6	38
	●	●	●	●	Sweet Snacks	Double iced cinnamon roll	128	-	490	3.8	-	20.0	12.0	22%	1.0	34	480	3	7	30
		●			Sweet Snacks	Lowfat red raspberry muffin	128	-	340	2.7	-	6.0	1.5	4%	0.0	37	500	2	7	44
	●		●		Sweet Snacks	Maple oat pecan scone	113	-	480	4.2	-	21.0	11.0	21%	0.0	16	270	5	7	40
	●	●	●		Sweet Snacks	Marble loaf (marble pound cake)	107	-	350	3.3	-	13.0	6.0	15%	0.0	33	500	1	6	32
					Sweet Snacks	Marshmallow Dream Bar	57	-	210	3.7	-	4.0	2.5	11%	0.0	15	250	0	1	36
			●		Sweet Snacks	Morning bun	94	-	350	3.7	-	16.0	9.0	23%	0.0	19	330	2	6	34
	●		●		Sweet Snacks	Outrageous oatmeal cookie	89	-	370	4.2	-	14.0	8.0	19%	0.0	36	170	3	5	28
			●		Sweet Snacks	Petite vanilla bean scone	33	-	140	4.2	-	5.0	2.5	16%	0.0	10	90	0	0	28
	●				Sweet Snacks	Portland classic coffee cake	128	-	480	3.8	-	18.0	2.0	4%	0.0	42	260	1	6	42
		●			Sweet Snacks	Pumpkin bread	106	-	320	3.0	-	12.0	2.5	7%	0.0	38	470	2	6	40
	●		●		Sweet Snacks	Pumpkin scone	120	-	480	4.0	-	17.0	9.0	17%	0.0	43	280	2	6	32

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
	•	•			Sweet Snacks	Reduced-fat banana chocolate chip coffee cake	123	-	390	3.2	-	7.0	4.5	10%	0.0	51	510	3	5	36
		•			Sweet Snacks	Reduced-fat cinnamon swirl coffee cake	113	-	340	3.0	-	9.0	5.0	13%	0.0	39	410	2	4	36
		•			Sweet Snacks	Reduced-fat very berry coffee cake	124	-	350	2.8	-	10.0	4.0	10%	0.0	30	500	1	7	40
	•		•		Sweet Snacks	Rich toffee pecan bar	84	-	380	4.5	-	22.0	8.0	19%	0.0	17	120	1	4	34
	•	•	•		Sweet Snacks	Starbucks classic coffee cake	113	-	440	3.9	-	19.0	11.0	23%	0.0	36	580	1	6	20
			•		Sweet Snacks	Starbucks indulgent cookie	74	-	320	4.3	-	19.0	11.0	31%	0.0	31	85	3	4	28
	•	•			Sweet Snacks	Zucchini walnut muffin	123	-	490	4.0	-	28.0	2.5	5%	0.0	28	480	2	7	42