

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving size (g) | Serving size (oz) | Calories (Kcal) | Energy density (kcal/g) | Energy density beverages (% sugar by weight) | Total fat (g) | Saturated fat (g) | % Calories from saturated fat | Trans fat (g) | Sugar (g) | Sodium (mg) | Fiber (g) | Protein (g) | NPI score |
|------------------------|------------------------|-----------------------|----------------------------------|--------------------|-------------------------|---|------------------|-------------------|-----------------|-------------------------|--|---------------|-------------------|-------------------------------|---------------|-----------|-------------|-----------|-------------|-----------|
| Breakfast Items | | | | | | | | | | | | | | | | | | | | |
| | | • | • | | Breakfast Main Dishes | Bacon, egg & cheese biscuit- large | 154 | - | 480 | 3.1 | - | 27.0 | 12.0 | 23% | 0.0 | 4 | 1,270 | 3 | 15 | 36 |
| | | • | • | | Breakfast Main Dishes | Bacon, egg & cheese biscuit- regular | 140 | - | 420 | 3.0 | - | 23.0 | 12.0 | 26% | 0.0 | 3 | 1,160 | 2 | 15 | 32 |
| | | • | • | | Breakfast Main Dishes | Bacon, egg & cheese mcgriddles | 164 | - | 420 | 2.6 | - | 18.0 | 8.0 | 17% | 0.0 | 15 | 1,110 | 2 | 15 | 40 |
| | | • | • | | Breakfast Main Dishes | Egg McMuffin | 137 | - | 300 | 2.2 | - | 12.0 | 5.0 | 15% | 0.0 | 3 | 820 | 2 | 18 | 50 |
| | • | • | | | Breakfast Main Dishes | Hotcakes and sausage with syrup and margarine | 258 | - | 740 | 2.9 | - | 28.5 | 8.5 | 10% | 0.0 | 46 | 1,005 | 3 | 15 | 46 |
| | • | • | | | Breakfast Main Dishes | Hotcakes with syrup and margarine | 217 | - | 570 | 2.6 | - | 13.5 | 3.5 | 6% | 0.0 | 46 | 665 | 3 | 8 | 50 |
| | • | • | • | • | Breakfast Main Dishes | McSkillet burrito with sausage | 238 | - | 610 | 2.6 | - | 36.0 | 14.0 | 21% | 0.5 | 4 | 1,390 | 3 | 27 | 44 |
| | • | • | • | • | Breakfast Main Dishes | McSkillet burrito with steak | 250 | - | 570 | 2.3 | - | 30.0 | 12.0 | 19% | 1.0 | 4 | 1,470 | 3 | 32 | 48 |
| | | • | • | | Breakfast Main Dishes | Sausage biscuit- large | 131 | - | 480 | 3.7 | - | 31.0 | 13.0 | 24% | 0.0 | 3 | 1,190 | 3 | 11 | 28 |
| | | • | • | | Breakfast Main Dishes | Sausage biscuit- regular | 117 | - | 430 | 3.7 | - | 27.0 | 12.0 | 25% | 0.0 | 2 | 1,080 | 2 | 11 | 24 |
| | • | • | • | | Breakfast Main Dishes | Sausage biscuit with egg- large | 177 | - | 570 | 3.2 | - | 37.0 | 15.0 | 24% | 0.0 | 3 | 1,280 | 3 | 18 | 32 |
| | • | • | • | | Breakfast Main Dishes | Sausage biscuit with egg- regular | 163 | - | 510 | 3.1 | - | 33.0 | 14.0 | 25% | 0.0 | 2 | 1,170 | 2 | 18 | 36 |
| | | • | • | • | Breakfast Main Dishes | Sausage burrito | 111 | - | 300 | 2.7 | - | 16.0 | 7.0 | 21% | 0.5 | 2 | 830 | 1 | 12 | 38 |
| | | • | • | | Breakfast Main Dishes | Sausage mcgriddles | 141 | - | 420 | 3.0 | - | 22.0 | 8.0 | 17% | 0.0 | 15 | 1,030 | 2 | 11 | 36 |
| | | • | • | | Breakfast Main Dishes | Sausage mcmuffin | 111 | - | 370 | 3.3 | - | 22.0 | 8.0 | 19% | 0.0 | 2 | 850 | 2 | 14 | 34 |
| | | • | • | | Breakfast Main Dishes | Sausage mcmuffin with egg | 162 | - | 450 | 2.8 | - | 27.0 | 10.0 | 20% | 0.0 | 2 | 920 | 2 | 21 | 42 |
| | • | • | • | | Breakfast Main Dishes | Sausage, egg & cheese mcgriddles | 201 | - | 560 | 2.8 | - | 32.0 | 12.0 | 19% | 0.0 | 15 | 1,360 | 2 | 20 | 40 |
| | | • | • | | Breakfast Main Dishes | Southern style chicken biscuit- large | 157 | - | 470 | 3.0 | - | 24.0 | 9.0 | 17% | 0.0 | 4 | 1,290 | 3 | 17 | 40 |
| | | • | • | | Breakfast Main Dishes | Southern style chicken biscuit- regular | 143 | - | 410 | 2.9 | - | 20.0 | 8.0 | 18% | 0.0 | 3 | 1,180 | 2 | 17 | 38 |
| | | • | • | | Breakfast Meals: Adults | Big breakfast- large biscuit | 283 | - | 800 | 2.8 | - | 52.0 | 18.0 | 20% | 0.0 | 3 | 1,680 | 4 | 28 | 42 |
| | | • | • | | Breakfast Meals: Adults | Big breakfast- regular biscuit | 269 | - | 740 | 2.8 | - | 48.0 | 17.0 | 21% | 0.0 | 3 | 1,560 | 3 | 28 | 42 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving size (g) | Serving size (oz) | Calories (Kcal) | Energy density (kcal/g) | Energy density beverages (% sugar by weight) | Total fat (g) | Saturated fat (g) | % Calories from saturated fat | Trans fat (g) | Sugar (g) | Sodium (mg) | Fiber (g) | Protein (g) | NPI score |
|---------------------------|------------------------|-----------------------|----------------------------------|--------------------|--------------------------|---|------------------|-------------------|-----------------|-------------------------|--|---------------|-------------------|-------------------------------|---------------|-----------|-------------|-----------|-------------|-----------|
| | • | • | | | Breakfast Meals: Adults | Deluxe breakfast with syrup and margarine-large biscuit | 500 | - | 1370 | 2.7 | - | 64.5 | 21.5 | 14% | 0.0 | 49 | 2,335 | 7 | 36 | 44 |
| | • | • | | | Breakfast Meals: Adults | Deluxe breakfast with syrup and margarine-regular biscuit | 486 | - | 1310 | 2.7 | - | 60.5 | 20.5 | 14% | 0.0 | 49 | 2,225 | 6 | 36 | 44 |
| | | • | • | | Breakfast Sides | Biscuit- large | 90 | - | 320 | 3.6 | - | 16.0 | 8.0 | 23% | 0.0 | 3 | 850 | 3 | 5 | 32 |
| | | • | • | | Breakfast Sides | Biscuit- regular | 76 | - | 260 | 3.4 | - | 12.0 | 7.0 | 24% | 0.0 | 2 | 740 | 2 | 5 | 28 |
| | • | • | • | | Breakfast Sides | Cinnamon melts | 114 | - | 460 | 4.0 | - | 19.0 | 9.0 | 18% | 0.0 | 32 | 370 | 3 | 6 | 32 |
| • | | | | | Breakfast Sides | English muffin | 56 | - | 160 | 2.9 | - | 3.0 | 0.5 | 3% | 0.0 | 2 | 280 | 2 | 5 | 70 |
| | | | | | Breakfast Sides | Hash brown | 56 | - | 150 | 2.7 | - | 9.0 | 1.5 | 9% | 0.0 | 0 | 310 | 2 | 1 | 54 |
| | | | • | | Breakfast Sides | Sausage patty | 41 | - | 170 | 4.1 | - | 15.0 | 5.0 | 26% | 0.0 | 0 | 340 | 0 | 7 | 22 |
| • | | | • | | Breakfast Sides | Scrambled eggs (2) | 96 | - | 170 | 1.8 | - | 11.0 | 4.0 | 21% | 0.0 | 0 | 180 | 0 | 15 | 64 |
| Lunch/Dinner Items | | | | | | | | | | | | | | | | | | | | |
| | • | • | • | • | Lunch/Dinner Main Dishes | Angus bacon and cheese | 291 | - | 790 | 2.7 | - | 39.0 | 17.0 | 19% | 2.0 | 13 | 2,070 | 4 | 45 | 42 |
| | • | • | • | • | Lunch/Dinner Main Dishes | Angus deluxe | 314 | - | 750 | 2.4 | - | 39.0 | 16.0 | 19% | 2.0 | 10 | 1,700 | 4 | 40 | 46 |
| | • | • | • | • | Lunch/Dinner Main Dishes | Angus mushroom and swiss | 283 | - | 770 | 2.7 | - | 40.0 | 17.0 | 20% | 2.0 | 8 | 1,170 | 4 | 44 | 46 |
| | | • | • | • | Lunch/Dinner Main Dishes | Big Mac | 214 | - | 540 | 2.5 | - | 29.0 | 10.0 | 17% | 1.5 | 9 | 1,040 | 3 | 25 | 48 |
| • | | | • | • | Lunch/Dinner Main Dishes | Big N' Tasty | 206 | - | 460 | 2.2 | - | 24.0 | 8.0 | 16% | 1.5 | 8 | 720 | 3 | 24 | 66 |
| | | • | • | • | Lunch/Dinner Main Dishes | Big N' Tasty with cheese | 220 | - | 510 | 2.3 | - | 28.0 | 11.0 | 19% | 1.5 | 8 | 960 | 3 | 27 | 62 |
| | | • | • | • | Lunch/Dinner Main Dishes | Cheeseburger | 114 | - | 300 | 2.6 | - | 12.0 | 6.0 | 18% | 0.5 | 6 | 750 | 2 | 15 | 40 |
| | | • | | | Lunch/Dinner Main Dishes | Chicken McNuggets (10 piece) with barbeque sauce (2 packets) | 215 | - | 560 | 2.6 | - | 29.0 | 5.0 | 8% | 0.0 | 20 | 1,520 | 0 | 24 | 42 |
| | | • | | | Lunch/Dinner Main Dishes | Chicken McNuggets (10 piece) with hot mustard sauce (2 packets) | 215 | - | 580 | 2.7 | - | 34.0 | 5.0 | 8% | 0.0 | 12 | 1,500 | 4 | 26 | 46 |
| | | | | | Lunch/Dinner Main Dishes | Chicken McNuggets (4 piece) with barbeque sauce | 92 | - | 240 | 2.6 | - | 12.0 | 2.0 | 8% | 0.0 | 10 | 660 | 0 | 10 | 42 |
| | | | | | Lunch/Dinner Main Dishes | Chicken McNuggets (4 piece) with hot mustard sauce | 92 | - | 250 | 2.7 | - | 14.5 | 2.0 | 7% | 0.0 | 6 | 650 | 2 | 11 | 48 |
| | | | | | Lunch/Dinner Main Dishes | Chicken McNuggets (4 piece) with ketchup | 74 | - | 205 | 2.8 | - | 12.0 | 2.0 | 9% | 0.0 | 2 | 510 | 0 | 10 | 46 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % | Sugar | Sodium | Fiber | Protein | NPI score | |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|--------------------------|--|----------|-----------|----------|------------------|-----------------------------|-------|-----------|---------|-------|-----------------------------|---------------|---------|-----------|------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | density (% sugar by weight) | | fat (g) | fat (g) | | Calories from saturated fat | Trans fat (g) | (g) | | (mg) |
| | | • | | | Lunch/Dinner Main Dishes | Chicken McNuggets (6 piece) with barbeque sauce | 123 | - | 330 | 2.7 | - | 17.0 | 3.0 | 8% | 0.0 | 10 | 860 | 0 | 14 | 44 |
| | | • | | | Lunch/Dinner Main Dishes | Chicken McNuggets (6 piece) with hot mustard sauce | 123 | - | 340 | 2.8 | - | 19.5 | 3.0 | 8% | 0.0 | 6 | 850 | 2 | 15 | 46 |
| | | • | | | Lunch/Dinner Main Dishes | Chicken McNuggets (6 piece) with ketchup | 115 | - | 310 | 2.7 | - | 17.0 | 3.0 | 9% | 0.0 | 4 | 820 | 0 | 14 | 46 |
| | | • | | | Lunch/Dinner Main Dishes | Chicken Selects premium breast strips (3 piece) with creamy ranch sauce | 174 | - | 600 | 3.4 | - | 46.0 | 7.0 | 11% | 0.0 | 1 | 1,330 | 0 | 23 | 38 |
| | | • | | | Lunch/Dinner Main Dishes | Chicken Selects premium breast strips (3 piece) with tangy mustard sauce | 174 | - | 470 | 2.7 | - | 26.5 | 3.5 | 7% | 0.0 | 9 | 1,180 | 0 | 24 | 44 |
| | • | • | | | Lunch/Dinner Main Dishes | Chicken selects premium breast strips (5 piece) with creamy ranch sauce (2 packets) | 305 | - | 1060 | 3.5 | - | 84.0 | 13.0 | 11% | 0.0 | 2 | 2,320 | 0 | 38 | 38 |
| | • | • | | | Lunch/Dinner Main Dishes | Chicken selects premium breast strips (5 piece) with tangy mustard sauce (2 packets) | 305 | - | 800 | 2.6 | - | 45.0 | 6.0 | 7% | 0.0 | 18 | 2,020 | 0 | 40 | 46 |
| | | • | • | • | Lunch/Dinner Main Dishes | Double cheeseburger | 165 | - | 440 | 2.7 | - | 23.0 | 11.0 | 23% | 1.5 | 7 | 1,150 | 2 | 25 | 40 |
| | • | • | • | • | Lunch/Dinner Main Dishes | Double Quarter Pounder with cheese | 279 | - | 740 | 2.7 | - | 42.0 | 19.0 | 23% | 2.5 | 9 | 1,380 | 3 | 48 | 44 |
| | | | | | Lunch/Dinner Main Dishes | Filet-O-Fish | 142 | - | 380 | 2.7 | - | 18.0 | 3.5 | 8% | 0.0 | 5 | 640 | 2 | 15 | 62 |
| | | | | • | Lunch/Dinner Main Dishes | Hamburger | 100 | - | 250 | 2.5 | - | 9.0 | 3.5 | 13% | 0.5 | 6 | 520 | 2 | 12 | 50 |
| | | • | | | Lunch/Dinner Main Dishes | McChicken | 143 | - | 360 | 2.5 | - | 16.0 | 3.0 | 8% | 0.0 | 5 | 830 | 2 | 14 | 50 |
| | | • | • | • | Lunch/Dinner Main Dishes | McDouble | 151 | - | 390 | 2.6 | - | 19.0 | 8.0 | 18% | 1.0 | 7 | 920 | 2 | 22 | 42 |
| | | • | • | | Lunch/Dinner Main Dishes | McRib | 209 | - | 500 | 2.4 | - | 26.0 | 10.0 | 18% | 0.0 | 11 | 980 | 3 | 22 | 48 |
| • | | • | | | Lunch/Dinner Main Dishes | Premium bacon ranch salad with crispy chicken with ranch dressing | 383 | - | 540 | 1.4 | - | 35.0 | 8.5 | 14% | 0.0 | 10 | 1,500 | 3 | 30 | 66 |
| • | | • | | | Lunch/Dinner Main Dishes | Premium bacon ranch salad with grilled chicken with ranch dressing | 380 | - | 430 | 1.1 | - | 24.0 | 6.5 | 14% | 0.0 | 9 | 1,540 | 3 | 34 | 70 |
| • | | • | • | | Lunch/Dinner Main Dishes | Premium bacon ranch salad with ranch dressing (without chicken) | 282 | - | 310 | 1.1 | - | 22.0 | 6.0 | 17% | 0.0 | 8 | 830 | 3 | 10 | 68 |
| • | | | • | | Lunch/Dinner Main Dishes | Premium caesar salad with caesar dressing and croutons (without chicken) | 272 | - | 280 | 1.0 | - | 22.0 | 6.0 | 19% | 0.0 | 6 | 680 | 3 | 9 | 70 |
| • | | • | | | Lunch/Dinner Main Dishes | Premium caesar salad with crispy chicken with caesar dressing and croutons | 373 | - | 520 | 1.4 | - | 35.0 | 8.0 | 14% | 0.0 | 8 | 1,340 | 3 | 28 | 68 |
| • | | • | | | Lunch/Dinner Main Dishes | Premium caesar salad with grilled chicken with caesar dressing and croutons | 370 | - | 410 | 1.1 | - | 24.0 | 6.5 | 14% | 0.0 | 7 | 1,390 | 3 | 32 | 70 |
| • | | • | | | Lunch/Dinner Main Dishes | Premium crispy chicken classic sandwich | 230 | - | 530 | 2.3 | - | 20.0 | 3.5 | 6% | 0.0 | 12 | 1,150 | 3 | 28 | 64 |
| | | • | | | Lunch/Dinner Main Dishes | Premium crispy chicken club sandwich | 254 | - | 630 | 2.5 | - | 28.0 | 7.0 | 10% | 0.0 | 13 | 1,360 | 4 | 35 | 50 |
| | | • | | | Lunch/Dinner Main Dishes | Premium crispy chicken ranch bit sandwich | 240 | - | 580 | 2.4 | - | 23.0 | 4.5 | 7% | 0.0 | 13 | 1,400 | 3 | 31 | 50 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from | Sugar | Sodium | Fiber | Protein | NPI | |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|--------------------------|--|----------|-----------|----------|------------------|-----------------------------|-------|-----------|-----------------|-------|--------|-------|---------|-----|---------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | density (% sugar by weight) | | | | | | | | | fat (g) |
| ● | | ● | | | Lunch/Dinner Main Dishes | Premium grilled chicken classic sandwich | 226 | - | 420 | 1.9 | - | 10.0 | 2.0 | 4% | 0.0 | 11 | 1,190 | 3 | 32 | 66 |
| | | ● | | | Lunch/Dinner Main Dishes | Premium grilled chicken club sandwich | 250 | - | 530 | 2.1 | - | 17.0 | 6.0 | 10% | 0.0 | 12 | 1,410 | 4 | 39 | 50 |
| | | ● | | | Lunch/Dinner Main Dishes | Premium grilled chicken ranch blt sandwich | 236 | - | 470 | 2.0 | - | 12.0 | 3.0 | 6% | 0.0 | 12 | 1,440 | 3 | 36 | 62 |
| ● | | ● | | | Lunch/Dinner Main Dishes | Premium southwest salad with crispy chicken with southwest dressing | 397 | - | 530 | 1.3 | - | 26.0 | 5.0 | 8% | 0.0 | 15 | 1,260 | 6 | 27 | 72 |
| ● | | ● | | | Lunch/Dinner Main Dishes | Premium southwest salad with grilled chicken with southwest dressing | 394 | - | 420 | 1.1 | - | 15.0 | 4.0 | 9% | 0.0 | 14 | 1,300 | 6 | 31 | 72 |
| ● | | | | | Lunch/Dinner Main Dishes | Premium southwest salad with southwest dressing (without chicken) | 275 | - | 240 | 0.9 | - | 11.0 | 3.0 | 11% | 0.0 | 9 | 490 | 6 | 7 | 74 |
| | | ● | ● | ● | Lunch/Dinner Main Dishes | Quarter Pounder | 169 | - | 410 | 2.4 | - | 19.0 | 7.0 | 15% | 1.0 | 8 | 730 | 2 | 24 | 48 |
| | | ● | ● | ● | Lunch/Dinner Main Dishes | Quarter Pounder with cheese | 198 | - | 510 | 2.6 | - | 26.0 | 12.0 | 21% | 1.5 | 9 | 1,190 | 3 | 29 | 40 |
| | | ● | | | Lunch/Dinner Main Dishes | Southern style crispy chicken sandwich | 161 | - | 400 | 2.5 | - | 17.0 | 3.0 | 7% | 0.0 | 6 | 1,030 | 1 | 24 | 48 |
| ● | | | | | Lunch/Dinner Side Dishes | Apple dippers with low fat caramel dip | 89 | - | 105 | 1.2 | - | 0.5 | 0.0 | 0% | 0.0 | 15 | 35 | 0 | 0 | 66 |
| ● | ● | ● | | | Lunch/Dinner Side Dishes | French fries- large | 154 | - | 500 | 3.2 | - | 25.0 | 3.5 | 6% | 0.0 | 0 | 350 | 6 | 6 | 66 |
| ● | ● | | | | Lunch/Dinner Side Dishes | French fries- medium | 117 | - | 380 | 3.2 | - | 19.0 | 2.5 | 6% | 0.0 | 0 | 270 | 5 | 4 | 66 |
| ● | | | | | Lunch/Dinner Side Dishes | French fries- small | 71 | - | 230 | 3.2 | - | 11.0 | 1.5 | 6% | 0.0 | 0 | 160 | 3 | 3 | 66 |
| ● | | ● | | | Lunch/Dinner Side Dishes | Side salad with balsamic dressing | 109 | - | 40 | 0.4 | - | 3.0 | 0.0 | 0% | 0.0 | 4 | 375 | 1 | 1 | 70 |
| ● | | ● | | | Lunch/Dinner Side Dishes | Side salad with italian dressing | 109 | - | 50 | 0.5 | - | 2.5 | 0.0 | 0% | 0.0 | 3 | 375 | 1 | 2 | 70 |
| | | | | | Beverages | | | | | | | | | | | | | | | |
| | | | ● | | Coffee Beverages | Cappuccino- large | 591 | 20 | 180 | 0.3 | 2% | 10.0 | 6.0 | 30% | 0.0 | 13 | 130 | 0 | 9 | 68 |
| ● | | | ● | | Coffee Beverages | Cappuccino- medium | 473 | 16 | 140 | 0.3 | 2% | 8.0 | 4.5 | 29% | 0.0 | 11 | 105 | 0 | 8 | 72 |
| ● | | | ● | | Coffee Beverages | Cappuccino- small | 355 | 12 | 120 | 0.3 | 3% | 7.0 | 4.0 | 30% | 0.0 | 9 | 85 | 0 | 6 | 70 |
| | | | ● | | Coffee Beverages | Cappuccino with sugar free vanilla syrup- large | 591 | 20 | 150 | 0.3 | 2% | 8.0 | 4.5 | 27% | 0.0 | 11 | 160 | 0 | 8 | 70 |
| | | | ● | | Coffee Beverages | Cappuccino with sugar free vanilla syrup- medium | 473 | 16 | 120 | 0.3 | 2% | 6.0 | 3.5 | 26% | 0.0 | 9 | 130 | 0 | 6 | 70 |
| | | | ● | | Coffee Beverages | Cappuccino with sugar free vanilla syrup- small | 355 | 12 | 100 | 0.3 | 2% | 5.0 | 3.0 | 27% | 0.0 | 7 | 105 | 0 | 5 | 70 |
| | | | | | Coffee Beverages | Caramel cappuccino- large | 591 | 20 | 290 | 0.5 | 8% | 8.0 | 4.5 | 14% | 0.0 | 49 | 190 | 0 | 8 | 68 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from | | Sugar | Sodium | Fiber | Protein | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|------------------|---|----------|-----------|----------|------------------|---------------------|-------|-----------|-----------------|---------|-------|--------|-------|---------|-----------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | (% sugar by weight) | | | fat (g) | fat (g) | | | | | |
| | | | | | Coffee Beverages | Caramel cappuccino- medium | 473 | 16 | 240 | 0.5 | 8% | 6.0 | 3.5 | 13% | 0.0 | 40 | 150 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Caramel cappuccino- small | 355 | 12 | 200 | 0.6 | 9% | 5.0 | 3.0 | 14% | 0.0 | 32 | 125 | 0 | 5 | 66 |
| | | | | | Coffee Beverages | Caramel latte- large | 591 | 20 | 330 | 0.6 | 9% | 9.0 | 5.0 | 14% | 0.0 | 51 | 210 | 0 | 9 | 68 |
| | | | | | Coffee Beverages | Caramel latte- medium | 473 | 16 | 280 | 0.6 | 9% | 8.0 | 4.5 | 14% | 0.0 | 43 | 170 | 0 | 8 | 68 |
| | | | • | | Coffee Beverages | Caramel latte- small | 355 | 12 | 230 | 0.6 | 10% | 7.0 | 4.0 | 16% | 0.0 | 35 | 140 | 0 | 7 | 66 |
| | | | | | Coffee Beverages | Hazelnut cappuccino- large | 591 | 20 | 290 | 0.5 | 9% | 8.0 | 4.5 | 14% | 0.0 | 51 | 105 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Hazelnut cappuccino- medium | 473 | 16 | 240 | 0.5 | 9% | 6.0 | 3.5 | 13% | 0.0 | 42 | 85 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Hazelnut cappuccino- small | 355 | 12 | 200 | 0.6 | 10% | 5.0 | 3.0 | 14% | 0.0 | 34 | 70 | 0 | 5 | 66 |
| | | | | | Coffee Beverages | Hazelnutt latte- large | 591 | 20 | 330 | 0.6 | 9% | 9.0 | 5.0 | 14% | 0.0 | 53 | 130 | 0 | 9 | 68 |
| | | | | | Coffee Beverages | Hazelnutt latte- medium | 473 | 16 | 280 | 0.6 | 10% | 8.0 | 4.5 | 14% | 0.0 | 45 | 110 | 0 | 8 | 68 |
| | | | • | | Coffee Beverages | Hazelnutt latte- small | 355 | 12 | 230 | 0.6 | 10% | 7.0 | 4.0 | 16% | 0.0 | 36 | 90 | 0 | 7 | 66 |
| | | | | | Coffee Beverages | Iced caramel latte- large | 651 | 22 | 230 | 0.4 | 6% | 6.0 | 3.5 | 14% | 0.0 | 40 | 150 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Iced caramel latte- medium | 473 | 16 | 180 | 0.4 | 7% | 4.5 | 2.5 | 13% | 0.0 | 31 | 120 | 0 | 4 | 68 |
| | | | | | Coffee Beverages | Iced caramel latte- small | 355 | 12 | 160 | 0.5 | 8% | 3.0 | 1.5 | 8% | 0.0 | 29 | 100 | 0 | 3 | 68 |
| | | | • | | Coffee Beverages | Iced cofee--regular- large | 122 | 17 | 280 | 2.3 | 37% | 11.0 | 7.0 | 23% | 0.0 | 45 | 85 | 0 | 2 | 40 |
| | | | • | | Coffee Beverages | Iced cofee--regular- medium | 86 | 11.5 | 200 | 2.3 | 35% | 8.0 | 5.0 | 23% | 0.0 | 30 | 60 | 0 | 2 | 42 |
| | | | • | | Coffee Beverages | Iced cofee--regular- small | 61 | 8 | 140 | 2.3 | 36% | 5.0 | 3.5 | 23% | 0.0 | 22 | 40 | 0 | 1 | 40 |
| | | | • | | Coffee Beverages | Iced coffee with sugar free vanilla syrup- large | 125 | 17 | 120 | 1.0 | 2% | 11.0 | 7.0 | 53% | 0.0 | 2 | 140 | 0 | 2 | 58 |
| | | | • | | Coffee Beverages | Iced coffee with sugar free vanilla syrup- medium | 85 | 11.5 | 90 | 1.1 | 2% | 8.0 | 5.0 | 50% | 0.0 | 2 | 100 | 0 | 2 | 58 |
| | | | • | | Coffee Beverages | Iced coffee with sugar free vanilla syrup- small | 60 | 8 | 60 | 1.0 | 2% | 5.0 | 3.5 | 53% | 0.0 | 1 | 70 | 0 | 1 | 58 |
| | | | • | | Coffee Beverages | Iced coffee--caramel- large | 121 | 17 | 270 | 2.2 | 34% | 11.0 | 7.0 | 23% | 0.0 | 41 | 160 | 0 | 2 | 40 |
| | | | • | | Coffee Beverages | Iced coffee--caramel- medium | 85 | 11.5 | 190 | 2.2 | 32% | 8.0 | 5.0 | 24% | 0.0 | 27 | 115 | 0 | 2 | 40 |
| | | | • | | Coffee Beverages | Iced coffee--caramel- small | 61 | 8 | 130 | 2.1 | 33% | 5.0 | 3.5 | 24% | 0.0 | 20 | 80 | 0 | 1 | 40 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from saturated fat | Trans | Sugar | Sodium | Fiber | Protein | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|------------------|--|----------|-----------|----------|------------------|-----------------------------|-------|-----------|-------------------------------|-------|-------|--------|-------|---------|-----------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | density (% sugar by weight) | | | | | | | | | |
| | | | • | | Coffee Beverages | Iced coffee--hazelnut- large | 121 | 17 | 270 | 2.2 | 36% | 11.0 | 7.0 | 23% | 0.0 | 43 | 85 | 0 | 2 | 42 |
| | | | • | | Coffee Beverages | Iced coffee--hazelnut- medium | 85 | 11.5 | 190 | 2.2 | 34% | 8.0 | 5.0 | 24% | 0.0 | 29 | 60 | 0 | 2 | 42 |
| | | | • | | Coffee Beverages | Iced coffee--hazelnut- small | 60 | 8 | 130 | 2.2 | 35% | 5.0 | 3.5 | 24% | 0.0 | 21 | 40 | 0 | 1 | 42 |
| | | | • | | Coffee Beverages | Iced coffee--vanilla- large | 121 | 32 | 270 | 2.2 | 36% | 11.0 | 7.0 | 23% | 0.0 | 43 | 80 | 0 | 2 | 42 |
| | | | • | | Coffee Beverages | Iced coffee--vanilla- medium | 85 | 11.5 | 190 | 2.2 | 33% | 8.0 | 5.0 | 24% | 0.0 | 28 | 60 | 0 | 2 | 42 |
| | | | • | | Coffee Beverages | Iced coffee--vanilla- small | 60 | 8 | 130 | 2.2 | 35% | 5.0 | 3.5 | 24% | 0.0 | 21 | 40 | 0 | 1 | 42 |
| | | | | | Coffee Beverages | Iced hazelnut latte- large | 651 | 22 | 230 | 0.4 | 6% | 6.0 | 3.5 | 14% | 0.0 | 41 | 85 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Iced hazelnut latte- medium | 473 | 16 | 180 | 0.4 | 7% | 4.5 | 2.5 | 13% | 0.0 | 33 | 65 | 0 | 4 | 68 |
| | | | | | Coffee Beverages | Iced hazelnut latte- small | 355 | 12 | 160 | 0.5 | 9% | 3.0 | 1.5 | 8% | 0.0 | 31 | 45 | 0 | 3 | 68 |
| • | | | • | | Coffee Beverages | Iced latte- large | 651 | 22 | 140 | 0.2 | 2% | 8.0 | 4.5 | 29% | 0.0 | 10 | 105 | 0 | 7 | 70 |
| • | | | • | | Coffee Beverages | Iced latte- medium | 473 | 16 | 100 | 0.2 | 2% | 6.0 | 3.5 | 32% | 0.0 | 8 | 80 | 0 | 6 | 70 |
| • | | | • | | Coffee Beverages | Iced latte- small | 355 | 12 | 80 | 0.2 | 2% | 4.5 | 2.5 | 28% | 0.0 | 6 | 65 | 0 | 4 | 70 |
| | | | • | | Coffee Beverages | Iced latte with sugar free vanilla syrup- large | 651 | 22 | 110 | 0.2 | 1% | 6.0 | 3.5 | 29% | 0.0 | 8 | 130 | 0 | 6 | 70 |
| | | | • | | Coffee Beverages | Iced latte with sugar free vanilla syrup- medium | 473 | 16 | 90.0 | 19% | 0.0 | 5.0 | 300% | 0.3 | 0 | 6 | 105 | 0 | 5 | 70 |
| | | | • | | Coffee Beverages | Iced latte with sugar free vanilla syrup- small | 355 | 12 | 60 | 0.2 | 1% | 3.0 | 2.0 | 30% | 0.0 | 4 | 80 | 0 | 3 | 70 |
| | | | • | | Coffee Beverages | Iced mocha- medium | 473 | 16 | 310 | 0.7 | 7% | 13.0 | 8.0 | 23% | 0.0 | 35 | 140 | 0 | 7 | 66 |
| | | | | | Coffee Beverages | Iced mocha with nonfat milk- medium | 473 | 16 | 270 | 0.6 | 7% | 8.0 | 4.5 | 15% | 0.0 | 35 | 140 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Iced nonfat caramel latte- large | 651 | 22 | 190 | 0.3 | 6% | 0.0 | 0.0 | 0% | 0.0 | 40 | 150 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Iced nonfat caramel latte- medium | 473 | 16 | 150 | 0.3 | 7% | 0.0 | 0.0 | 0% | 0.0 | 32 | 120 | 0 | 5 | 68 |
| | | | | | Coffee Beverages | Iced nonfat caramel latte- small | 355 | 12 | 140 | 0.4 | 8% | 0.0 | 0.0 | 0% | 0.0 | 30 | 105 | 0 | 3 | 68 |
| | | | | | Coffee Beverages | Iced nonfat hazelnut latte- large | 651 | 22 | 190 | 0.3 | 6% | 0.0 | 0.0 | 0% | 0.0 | 42 | 80 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Iced nonfat hazelnut latte- medium | 473 | 16 | 150 | 0.3 | 7% | 0.0 | 0.0 | 0% | 0.0 | 33 | 70 | 0 | 5 | 68 |
| | | | | | Coffee Beverages | Iced nonfat hazelnut latte- small | 355 | 12 | 140 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 32 | 50 | 0 | 3 | 66 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from saturated fat | Trans | Sugar | Sodium | Fiber | Protein | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|------------------|--|----------|-----------|----------|------------------|---------------------|-------|-----------|-------------------------------|-------|-------|--------|-------|---------|-----------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | (% sugar by weight) | | | | | | | | | |
| • | | | | | Coffee Beverages | Iced nonfat latte- large | 651 | 22 | 70 | 0.1 | 2% | 0.0 | 0.0 | 0% | 0.0 | 11 | 105 | 0 | 7 | 70 |
| • | | | | | Coffee Beverages | Iced nonfat latte- medium | 473 | 16 | 60 | 0.1 | 2% | 0.0 | 0.0 | 0% | 0.0 | 9 | 90 | 0 | 6 | 70 |
| • | | | | | Coffee Beverages | Iced nonfat latte- small | 355 | 12 | 50 | 0.1 | 2% | 0.0 | 0.0 | 0% | 0.0 | 7 | 70 | 0 | 5 | 70 |
| | | | | | Coffee Beverages | Iced nonfat latte with surgar free vanilla syrup- large | 651 | 22 | 60 | 0.1 | 1% | 0.0 | 0.0 | 0% | 0.0 | 8 | 130 | 0 | 6 | 70 |
| | | | | | Coffee Beverages | Iced nonfat latte with surgar free vanilla syrup- medium | 473 | 16 | 50 | 0.1 | 1% | 0.0 | 0.0 | 0% | 0.0 | 6 | 100 | 0 | 5 | 70 |
| | | | | | Coffee Beverages | Iced nonfat latte with surgar free vanilla syrup- small | 355 | 12 | 40 | 0.1 | 1% | 0.0 | 0.0 | 0% | 0.0 | 5 | 85 | 0 | 4 | 70 |
| | | | | | Coffee Beverages | Iced nonfat vanilla latte- large | 651 | 22 | 190 | 0.3 | 6% | 0.0 | 0.0 | 0% | 0.0 | 41 | 85 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Iced nonfat vanilla latte- small | 355 | 12 | 140 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 31 | 50 | 0 | 3 | 68 |
| | | | | | Coffee Beverages | Iced nonfat vanilla latte- medium | 473 | 16 | 150 | 0.3 | 7% | 0.0 | 0.0 | 0% | 0.0 | 33 | 70 | 0 | 5 | 68 |
| | | | | | Coffee Beverages | Iced vanilla latte- large | 651 | 22 | 230 | 0.4 | 6% | 6.0 | 3.5 | 14% | 0.0 | 41 | 85 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Iced vanilla latte- medium | 473 | 16 | 190 | 0.4 | 7% | 4.5 | 2.5 | 12% | 0.0 | 33 | 70 | 0 | 5 | 68 |
| | | | | | Coffee Beverages | Iced vanilla latte- small | 355 | 12 | 160 | 0.5 | 9% | 3.0 | 1.5 | 8% | 0.0 | 31 | 45 | 0 | 3 | 68 |
| • | | | • | | Coffee Beverages | Latte- large | 591 | 20 | 210 | 0.4 | 3% | 11.0 | 7.0 | 30% | 0.0 | 16 | 150 | 0 | 11 | 70 |
| • | | | • | | Coffee Beverages | Latte- medium | 473 | 16 | 180 | 0.4 | 3% | 10.0 | 6.0 | 30% | 0.0 | 13 | 130 | 0 | 10 | 70 |
| • | | | • | | Coffee Beverages | Latte- small | 355 | 12 | 150 | 0.4 | 3% | 8.0 | 4.5 | 27% | 0.0 | 11 | 105 | 0 | 8 | 70 |
| | | | • | | Coffee Beverages | Latte with sugar free vanilla syrup- large | 591 | 20 | 180 | 0.3 | 2% | 10.0 | 6.0 | 30% | 0.0 | 13 | 180 | 0 | 10 | 70 |
| | | | • | | Coffee Beverages | Latte with sugar free vanilla syrup- medium | 473 | 16 | 160 | 0.3 | 2% | 8.0 | 5.0 | 28% | 0.0 | 11 | 150 | 0 | 8 | 70 |
| | | | • | | Coffee Beverages | Latte with sugar free vanilla syrup- small | 355 | 12 | 130 | 0.4 | 3% | 7.0 | 4.0 | 28% | 0.0 | 10 | 125 | 0 | 7 | 70 |
| | • | | • | • | Coffee Beverages | Mocha- large | 591 | 20 | 400 | 0.7 | 8% | 14.0 | 8.0 | 18% | 0.5 | 49 | 190 | 0 | 10 | 68 |
| | | | • | | Coffee Beverages | Mocha- medium | 473 | 16 | 330 | 0.7 | 9% | 12.0 | 7.0 | 19% | 0.0 | 41 | 150 | 0 | 7 | 66 |
| | | | • | | Coffee Beverages | Mocha- small | 355 | 12 | 280 | 0.8 | 9% | 11.0 | 6.0 | 19% | 0.0 | 33 | 125 | 0 | 6 | 66 |
| • | | | | | Coffee Beverages | Mocha with nonfat milk- large | 591 | 20 | 330 | 0.6 | 8% | 6.0 | 3.5 | 10% | 0.0 | 50 | 190 | 0 | 10 | 70 |
| • | | | | | Coffee Beverages | Mocha with nonfat milk- medium | 473 | 16 | 280 | 0.6 | 9% | 6.0 | 3.5 | 11% | 0.0 | 42 | 160 | 0 | 8 | 70 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from | Sugar | Sodium | Fiber | Protein | NPI | |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|------------------|---|----------|-----------|----------|------------------|-----------------------------|-------|-----------|-----------------|-------|--------|-------|---------|-----|---------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | density (% sugar by weight) | | | | | | | | | fat (g) |
| | | | | | Coffee Beverages | Mocha with nonfat milk- small | 355 | 12 | 240 | 0.7 | 10% | 5.0 | 3.0 | 11% | 0.0 | 34 | 130 | 0 | 7 | 68 |
| • | | | | | Coffee Beverages | Nonfat cappuccino- large | 591 | 20 | 90 | 0.2 | 2% | 0.0 | 0.0 | 0% | 0.0 | 13 | 130 | 0 | 9 | 70 |
| • | | | | | Coffee Beverages | Nonfat cappuccino- medium | 473 | 16 | 80 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 12 | 110 | 0 | 8 | 72 |
| • | | | | | Coffee Beverages | Nonfat cappuccino- small | 355 | 12 | 60 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 9 | 85 | 0 | 6 | 72 |
| | | | | | Coffee Beverages | Nonfat cappuccino with sugar free vanilla syrup- large | 591 | 20 | 80 | 0.1 | 2% | 0.0 | 0.0 | 0% | 0.0 | 11 | 150 | 0 | 8 | 70 |
| | | | | | Coffee Beverages | Nonfat cappuccino with sugar free vanilla syrup- medium | 473 | 16 | 70 | 0.1 | 2% | 0.0 | 0.0 | 0% | 0.0 | 10 | 130 | 0 | 7 | 70 |
| | | | | | Coffee Beverages | Nonfat cappuccino with sugar free vanilla syrup- small | 355 | 12 | 50 | 0.1 | 2% | 0.0 | 0.0 | 0% | 0.0 | 8 | 100 | 0 | 5 | 70 |
| | | | | | Coffee Beverages | Nonfat caramel cappuccino- large | 591 | 20 | 230 | 0.4 | 8% | 0.0 | 0.0 | 0% | 0.0 | 49 | 180 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Nonfat caramel cappuccino- medium | 473 | 16 | 190 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 41 | 150 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Nonfat caramel cappuccino- small | 355 | 12 | 150 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 32 | 120 | 0 | 5 | 66 |
| • | | | | | Coffee Beverages | Nonfat caramel latte- large | 591 | 20 | 260 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 53 | 220 | 0 | 10 | 70 |
| | | | | | Coffee Beverages | Nonfat caramel latte- medium | 473 | 16 | 220 | 0.5 | 10% | 0.0 | 0.0 | 0% | 0.0 | 45 | 180 | 0 | 9 | 68 |
| | | | | | Coffee Beverages | Nonfat caramel latte- small | 355 | 12 | 170 | 0.5 | 10% | 0.0 | 0.0 | 0% | 0.0 | 36 | 150 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Nonfat hazelnut cappuccino- large | 591 | 20 | 230 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 51 | 100 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Nonfat hazelnut cappuccino- medium | 473 | 16 | 190 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 43 | 90 | 0 | 6 | 66 |
| | | | | | Coffee Beverages | Nonfat hazelnut cappuccino- small | 355 | 12 | 150 | 0.4 | 10% | 0.0 | 0.0 | 0% | 0.0 | 34 | 70 | 0 | 5 | 66 |
| | | | | | Coffee Beverages | Nonfat hazelnut latte- large | 591 | 20 | 260 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 55 | 135 | 0 | 10 | 68 |
| | | | | | Coffee Beverages | Nonfat hazelnut latte- medium | 473 | 16 | 220 | 0.5 | 10% | 0.0 | 0.0 | 0% | 0.0 | 46 | 115 | 0 | 9 | 68 |
| | | | | | Coffee Beverages | Nonfat hazelnut latte- small | 355 | 12 | 180 | 0.5 | 10% | 0.0 | 0.0 | 0% | 0.0 | 37 | 95 | 0 | 7 | 68 |
| • | | | | | Coffee Beverages | Nonfat latte- large | 591 | 20 | 120 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 18 | 160 | 0 | 12 | 72 |
| • | | | | | Coffee Beverages | Nonfat latte- medium | 473 | 16 | 110 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 15 | 140 | 0 | 10 | 72 |
| • | | | | | Coffee Beverages | Nonfat latte- small | 355 | 12 | 90 | 0.3 | 4% | 0.0 | 0.0 | 0% | 0.0 | 13 | 115 | 0 | 9 | 72 |
| | | | | | Coffee Beverages | Nonfat latte with sugar free vanilla syrup- large | 591 | 20 | 110 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 15 | 190 | 0 | 11 | 72 |
| | | | | | Coffee Beverages | Nonfat latte with sugar free vanilla syrup- medium | 473 | 16 | 90 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 13 | 160 | 0 | 9 | 72 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from saturated fat | Trans | Sugar | Sodium | Fiber | Protein | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|------------------|---|----------|-----------|----------|------------------|-----------------------------|-------|-----------|-------------------------------|-------|-------|--------|-------|---------|-----------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | density (% sugar by weight) | | | | | | | | | |
| | | | | | Coffee Beverages | Nonfat latte with sugar free vanilla syrup- small | 355 | 12 | 80 | 0.2 | 3% | 0.0 | 0.0 | 0% | 0.0 | 11 | 130 | 0 | 7 | 72 |
| | | | | | Coffee Beverages | Nonfat vanilla cappuccino- large | 591 | 20 | 230 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 51 | 100 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Nonfat vanilla cappuccino- medium | 473 | 16 | 190 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 42 | 90 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Nonfat vanilla cappuccino- small | 355 | 12 | 150 | 0.4 | 10% | 0.0 | 0.0 | 0% | 0.0 | 34 | 70 | 0 | 5 | 66 |
| | | | | | Coffee Beverages | Nonfat vanilla latte- large | 591 | 20 | 260 | 0.4 | 9% | 0.0 | 0.0 | 0% | 0.0 | 55 | 135 | 0 | 10 | 68 |
| | | | | | Coffee Beverages | Nonfat vanilla latte- medium | 473 | 16 | 220 | 0.5 | 10% | 0.0 | 0.0 | 0% | 0.0 | 46 | 115 | 0 | 9 | 68 |
| | | | | | Coffee Beverages | Nonfat vanilla latte- small | 355 | 12 | 180 | 0.5 | 10% | 0.0 | 0.0 | 0% | 0.0 | 37 | 95 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Vanilla cappuccino- large | 591 | 20 | 290 | 0.5 | 9% | 8.0 | 4.5 | 14% | 0.0 | 51 | 105 | 0 | 7 | 68 |
| | | | | | Coffee Beverages | Vanilla cappuccino- medium | 473 | 16 | 240 | 0.5 | 9% | 6.0 | 3.5 | 13% | 0.0 | 42 | 85 | 0 | 6 | 68 |
| | | | | | Coffee Beverages | Vanilla cappuccino- small | 355 | 12 | 200 | 0.6 | 10% | 5.0 | 3.0 | 14% | 0.0 | 34 | 70 | 0 | 5 | 66 |
| | | | | | Coffee Beverages | Vanilla latte- large | 591 | 20 | 330 | 0.6 | 9% | 9.0 | 5.0 | 14% | 0.0 | 53 | 130 | 0 | 9 | 68 |
| | | | | | Coffee Beverages | Vanilla latte- medium | 473 | 16 | 280 | 0.6 | 9% | 8.0 | 4.5 | 14% | 0.0 | 44 | 110 | 0 | 8 | 68 |
| | | | | | Coffee Beverages | Vanilla latte- small | 355 | 12 | 230 | 0.6 | 10% | 7.0 | 4.0 | 16% | 0.0 | 36 | 90 | 0 | 7 | 66 |
| | | | | | Side Beverages | Coca-Cola Classic- large | 946 | 32 | 310 | - | 9% | 0.0 | 0.0 | 0% | 0.0 | 86 | 20 | 0 | 2 | 66 |
| | | | | | Side Beverages | Coca-Cola Classic- medium | 621 | 21 | 210 | - | 9% | 0.0 | 0.0 | 0% | 0.0 | 58 | 15 | 0 | 2 | 66 |
| | | | | | Side Beverages | Coca-Cola Classic- small | 473 | 16 | 150 | - | 8% | 0.0 | 0.0 | 0% | 0.0 | 40 | 10 | 0 | 1 | 68 |
| | | | | | Side Beverages | Coffee- large | 473 | 16 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | - | 0 | 0 | 70 |
| | | | | | Side Beverages | Coffee- small | 355 | 12 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | - | 0 | 0 | 70 |
| | | | | | Side Beverages | Dasani water | 500 | 16.9 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | - | 0 | 0 | 70 |
| | | | | | Side Beverages | Diet Coke- large | 946 | 32 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | 45 | 0 | 0 | 70 |
| | | | | | Side Beverages | Diet Coke- medium | 621 | 21 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | 30 | 0 | 0 | 70 |
| | | | | | Side Beverages | Diet Coke- small | 473 | 16 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | 20 | 0 | 0 | 70 |
| | | | | | Side Beverages | Hi-C Orange Lavaburst- large | 946 | 32 | 350 | - | 10% | 0.0 | 0.0 | 0% | 0.0 | 94 | 10 | 0 | 2 | 66 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving | Serving | Calories | Energy | Energy | Total | Saturated | % Calories from saturated fat | Trans fat (g) | Sugar (g) | Sodium (mg) | Fiber (g) | Protein (g) | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|----------------|--|----------|-----------|----------|------------------|---------------------|-------|-----------|-------------------------------|---------------|-----------|-------------|-----------|-------------|-----------|
| | | | | | | | size (g) | size (oz) | (Kcal) | density (kcal/g) | (% sugar by weight) | | | | | | | | | |
| | | | | | Side Beverages | Hi-C Orange Lavaburst- medium | 621 | 21 | 240 | - | 10% | 0.0 | 0.0 | 0% | 0.0 | 64 | 10 | 0 | 2 | 66 |
| | | | | | Side Beverages | Hi-C Orange Lavaburst- small | 473 | 16 | 160 | - | 9% | 0.0 | 0.0 | 0% | 0.0 | 44 | 5 | 0 | 2 | 66 |
| | • | | | | Side Beverages | Hot Chocolate- large | 591 | 20 | 460 | - | 9% | 18.0 | 10.0 | 50% | 0.0 | 54 | 220 | 13 | 2 | 66 |
| | • | | | | Side Beverages | Hot Chocolate- medium | 473 | 16 | 380 | - | 10% | 15.0 | 9.0 | 50% | 0.0 | 45 | 170 | 10 | 3 | 64 |
| | | | | | Side Beverages | Hot Chocolate- small | 355 | 12 | 300 | - | 10% | 12.0 | 7.0 | 0% | 0.0 | 35 | 135 | 8 | 3 | 64 |
| | • | | | | Side Beverages | Hot Chocolate with nonfat milk- large | 591 | 20 | 390 | - | 10% | 6.0 | 3.5 | 0% | 0.0 | 59 | 250 | 16 | 1 | 68 |
| | | | | | Side Beverages | Hot Chocolate with nonfat milk- medium | 473 | 16 | 310 | - | 10% | 6.0 | 3.5 | 0% | 0.0 | 47 | 190 | 11 | 1 | 68 |
| | | | | | Side Beverages | Hot Chocolate with nonfat milk- small | 355 | 12 | 250 | - | 10% | 5.0 | 3.0 | 0% | 0.0 | 37 | 140 | 8 | 1 | 68 |
| | | | | | Side Beverages | Iced tea- large | 946 | 32 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | 20 | 0 | 0 | 70 |
| | | | | | Side Beverages | Iced tea- medium | 621 | 21 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | 15 | 0 | 0 | 70 |
| | | | | | Side Beverages | Iced tea- small | 473 | 16 | 0 | - | 0% | 0.0 | 0.0 | 0% | 0.0 | 0 | 10 | 0 | 0 | 70 |
| | • | | | | Side Beverages | Orange juice- large | 621 | 21 | 250 | - | 8% | 0.0 | 0.0 | 0% | 0.0 | 51 | 10 | 4 | -4 | 78 |
| | • | | | | Side Beverages | Orange juice- medium | 473 | 16 | 180 | - | 8% | 0.0 | 0.0 | 0% | 0.0 | 37 | 5 | 3 | -4 | 78 |
| | • | | | | Side Beverages | Orange juice- small | 355 | 12 | 140 | - | 8% | 0.0 | 0.0 | 0% | 0.0 | 29 | 5 | 2 | -4 | 78 |
| | | | | | Side Beverages | POWERade Moutain Blast- large | 946 | 32 | 220 | - | 5% | 0.0 | 0.0 | 0% | 0.0 | 46 | 190 | 0 | 1 | 68 |
| | | | | | Side Beverages | POWERade Moutain Blast- medium | 621 | 21 | 150 | - | 5% | 0.0 | 0.0 | 0% | 0.0 | 31 | 130 | 0 | 1 | 68 |
| | | | | | Side Beverages | POWERade Moutain Blast- small | 473 | 16 | 100 | - | 4% | 0.0 | 0.0 | 0% | 0.0 | 21 | 85 | 0 | 0 | 70 |
| | | | | | Side Beverages | Sprite- large | 946 | 32 | 310 | - | 9% | 0.0 | 0.0 | 0% | 0.0 | 83 | 80 | 0 | 1 | 68 |
| | | | | | Side Beverages | Sprite- medium | 621 | 21 | 210 | - | 9% | 0.0 | 0.0 | 0% | 0.0 | 56 | 55 | 0 | 2 | 66 |
| | | | | | Side Beverages | Sprite- small | 473 | 16 | 150 | - | 8% | 0.0 | 0.0 | 0% | 0.0 | 39 | 40 | 0 | 1 | 68 |
| | | | | | Side Beverages | Sweet tea- large | 946 | 32 | 230 | - | 6% | 0.0 | 0.0 | 0% | 0.0 | 59 | 15 | 0 | 1 | 68 |
| | | | | | Side Beverages | Sweet tea- medium | 621 | 21 | 150 | - | 6% | 0.0 | 0.0 | 0% | 0.0 | 38 | 10 | 0 | 1 | 68 |
| | | | | | Side Beverages | Sweet tea- small | 473 | 16 | 120 | - | 6% | 0.0 | 0.0 | 0% | 0.0 | 30 | 10 | 0 | 1 | 68 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving size (g) | Serving size (oz) | Calories (Kcal) | Energy density (kcal/g) | Energy density beverages (% sugar by weight) | Total fat (g) | Saturated fat (g) | % Calories from saturated fat | Trans fat (g) | Sugar (g) | Sodium (mg) | Fiber (g) | Protein (g) | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|--------------|-----------------|------------------|-------------------|-----------------|-------------------------|--|---------------|-------------------|-------------------------------|---------------|-----------|-------------|-----------|-------------|-----------|
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|--------------|-----------------|------------------|-------------------|-----------------|-------------------------|--|---------------|-------------------|-------------------------------|---------------|-----------|-------------|-----------|-------------|-----------|

Snacks and Desserts

| | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|-----------------|---|-----|----|------|-----|-----|------|------|-----|-----|-----|-----|---|----|----|
| | • | | | • | Snack Beverages | Chocolate triple thick shake | 333 | 12 | 440 | 1.3 | 19% | 10.0 | 6.0 | 12% | 0.5 | 63 | 190 | 1 | 10 | 62 |
| | | | | • | Snack Beverages | Chocolate triple thick shake | 444 | 16 | 580 | 1.3 | 19% | 14.0 | 8.0 | 12% | 1.0 | 84 | 250 | 1 | 13 | 60 |
| | | | | • | Snack Beverages | Chocolate triple thick shake | 583 | 21 | 770 | 1.3 | 19% | 18.0 | 11.0 | 13% | 1.0 | 111 | 330 | 1 | 18 | 60 |
| | • | • | | • | Snack Beverages | Chocolate triple thick shake | 888 | 32 | 1160 | 1.3 | 19% | 27.0 | 16.0 | 12% | 2.0 | 168 | 510 | 2 | 27 | 60 |
| | • | | | • | Snack Beverages | Strawberry triple thick shake | 333 | 12 | 420 | 1.3 | 19% | 10.0 | 6.0 | 13% | 0.5 | 63 | 130 | 0 | 10 | 60 |
| | • | | | • | Snack Beverages | Strawberry triple thick shake | 444 | 16 | 560 | 1.3 | 19% | 13.0 | 8.0 | 13% | 1.0 | 84 | 170 | 0 | 13 | 60 |
| | • | | | • | Snack Beverages | Strawberry triple thick shake | 583 | 21 | 740 | 1.3 | 19% | 18.0 | 11.0 | 13% | 1.0 | 111 | 230 | 0 | 17 | 60 |
| | • | • | | • | Snack Beverages | Strawberry triple thick shake | 888 | 32 | 1110 | 1.3 | 19% | 26.0 | 16.0 | 13% | 2.0 | 168 | 350 | 0 | 25 | 60 |
| | • | | | • | Snack Beverages | Vanilla triple thick shake | 333 | 12 | 420 | 1.3 | 16% | 10.0 | 6.0 | 13% | 0.5 | 54 | 140 | 0 | 9 | 62 |
| | • | | | • | Snack Beverages | Vanilla triple thick shake | 444 | 16 | 550 | 1.2 | 16% | 13.0 | 8.0 | 13% | 1.0 | 72 | 190 | 0 | 13 | 62 |
| | • | | | • | Snack Beverages | Vanilla triple thick shake | 583 | 21 | 740 | 1.3 | 16% | 18.0 | 11.0 | 13% | 1.0 | 96 | 250 | 0 | 17 | 62 |
| | • | • | | • | Snack Beverages | Vanilla triple thick shake | 888 | 32 | 1110 | 1.3 | 16% | 26.0 | 16.0 | 13% | 2.0 | 145 | 370 | 0 | 25 | 62 |
| | | • | | | Snack Foods | Chipotle BBQ crispy Snack Wrap | 120 | - | 330 | 2.8 | - | 15.0 | 4.5 | 12% | 0.0 | 4 | 810 | 1 | 14 | 44 |
| | | • | | | Snack Foods | Chipotle BBQ grilled Snack Wrap | 125 | - | 260 | 2.1 | - | 9.0 | 3.5 | 12% | 0.0 | 5 | 830 | 1 | 18 | 48 |
| | | • | | | Snack Foods | Crispy ranch crispy Snack Wrap | 117 | - | 340 | 2.9 | - | 17.0 | 4.5 | 12% | 0.0 | 2 | 810 | 1 | 14 | 44 |
| • | | | | | Snack Foods | Fruit 'n yogurt parfait | 149 | - | 160 | 1.1 | - | 2.0 | 1.0 | 6% | 0.0 | 21 | 85 | 1 | 4 | 64 |
| • | | | | | Snack Foods | Fruit 'n yogurt parfait (without granola) | 142 | - | 130 | 0.9 | - | 2.0 | 1.0 | 7% | 0.0 | 19 | 55 | 0 | 4 | 66 |
| | | • | | | Snack Foods | Honey mustard crispy Snack Wrap | 118 | - | 330 | 2.8 | - | 16.0 | 4.5 | 12% | 0.0 | 4 | 780 | 1 | 14 | 44 |
| | | • | | | Snack Foods | Honey mustard grilled Snack Wrap | 124 | - | 260 | 2.1 | - | 9.0 | 3.5 | 12% | 0.0 | 4 | 800 | 1 | 18 | 48 |
| | | • | • | • | Snack Foods | Mac Snack Wrap | 126 | - | 330 | 2.6 | - | 19.0 | 7.0 | 19% | 1.0 | 3 | 690 | 1 | 15 | 42 |
| | | • | | | Snack Foods | Ranch grilled Snack Wrap | 122 | - | 270 | 2.2 | - | 10.0 | 4.0 | 13% | 0.0 | 2 | 830 | 1 | 18 | 46 |
| • | | | | | Snack Foods | Snack size fruit & walnut salad | 163 | - | 210 | 1.3 | - | 8.0 | 1.5 | 6% | 0.0 | 25 | 60 | 2 | 4 | 70 |
| | | | • | | Sweet Snacks | Baked hot apple pie | 77 | - | 250 | 3.2 | - | 13.0 | 7.0 | 25% | 0.0 | 13 | 170 | 4 | 2 | 44 |
| | | | • | | Sweet Snacks | Chocolate chip cookie | 33 | - | 160 | 4.8 | - | 8.0 | 3.5 | 20% | 0.0 | 15 | 90 | 1 | 2 | 18 |
| | | | | | Sweet Snacks | Hot caramel sundae | 182 | - | 340 | 1.9 | - | 8.0 | 5.0 | 13% | 0.0 | 44 | 160 | 1 | 7 | 56 |
| | | | • | | Sweet Snacks | Hot fudge sundae | 179 | - | 330 | 1.8 | - | 10.0 | 7.0 | 19% | 0.0 | 48 | 180 | 2 | 8 | 50 |
| | | | | | Sweet Snacks | McDonaldland cookies | 57 | - | 260 | 4.6 | - | 8.0 | 2.5 | 9% | 0.0 | 13 | 300 | 1 | 4 | 34 |
| | • | | • | • | Sweet Snacks | McFlurry with M&M's candies | 348 | - | 620 | 1.8 | - | 20.0 | 12.0 | 17% | 1.0 | 85 | 190 | 1 | 14 | 54 |
| | • | | | • | Sweet Snacks | McFlurry with Oreo cookies | 337 | - | 550 | 1.6 | - | 17.0 | 9.0 | 15% | 1.0 | 73 | 250 | 1 | 13 | 58 |

| Healthy NPI score | Exceeds calorie limits | Exceeds sodium limits | >15% Calories from saturated fat | Contains trans fat | Type of food | Individual item | Serving size (g) | Serving size (oz) | Calories (Kcal) | Energy density (kcal/g) | Energy density beverages (% sugar by weight) | Total fat (g) | Saturated fat (g) | % Calories from | | Sugar (g) | Sodium (mg) | Fiber (g) | Protein (g) | NPI score |
|-------------------|------------------------|-----------------------|----------------------------------|--------------------|--------------|------------------------------------|------------------|-------------------|-----------------|-------------------------|--|---------------|-------------------|-----------------|---------------|-----------|-------------|-----------|-------------|-----------|
| | | | | | | | | | | | | | | saturated fat | Trans fat (g) | | | | | |
| | | | | | Sweet Snacks | Oatmeal raisin cookie | 33 | - | 150 | 4.5 | - | 6.0 | 2.5 | 15% | 0.0 | 13 | 135 | 1 | 2 | 28 |
| | | | | | Sweet Snacks | Strawberry sundae | 178 | - | 280 | 1.6 | - | 6.0 | 4.0 | 13% | 0.0 | 45 | 95 | 1 | 6 | 58 |
| | | | ● | | Sweet Snacks | Sugar cookie | 33 | - | 160 | 4.8 | - | 7.0 | 3.0 | 17% | 0.0 | 11 | 120 | 0 | 2 | 18 |
| | | | | | Sweet Snacks | Vanilla reduced fat ice cream cone | 90 | - | 150 | 1.7 | - | 3.5 | 2.0 | 12% | 0.0 | 18 | 60 | 0 | 4 | 58 |