

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	% sugar by weight	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
					Lunch/Dinner Items															
		•			Lunch/Dinner Main Dishes	Boneless fiery buffalo wings (8)	272	-	640	2.4	-	28.0	4.0	6%	0.0	0	3,120	8	40	50
		•			Lunch/Dinner Main Dishes	Boneless HBBQ wings (8)	264	-	640	2.4	-	28.0	4.0	6%	0.0	16	2,720	8	40	46
		•	•		Lunch/Dinner Main Dishes	Chicken pot pie	369	-	690	1.9	-	40.0	31.0	40%	0.0	14	1,760	3	27	40
		•	•	•	Lunch/Dinner Main Dishes	Country fried steak with peppered white gravy	155	-	390	2.5	-	16.0	8.0	18%	1.0	0	1,200	2	16	40
		•	•	•	Lunch/Dinner Main Dishes	Country fried steak without peppered white gravy	111	-	360	3.2	-	24.0	8.0	20%	1.0	0	1,040	2	16	30
					Lunch/Dinner Main Dishes	Crispy strips (2)	101	-	250	2.5	-	15.0	4.0	14%	0.0	0	480	1	22	50
					Lunch/Dinner Main Dishes	Crispy strips (3)	152	-	380	2.5	-	22.0	6.0	14%	0.0	0	720	1	33	48
		•			Lunch/Dinner Main Dishes	Crispy Twister with crispy strip	238	-	580	2.4	-	30.0	7.0	11%	0.0	5	1,250	3	28	62
•		•			Lunch/Dinner Main Dishes	Crispy Twister with crispy strip (without sauce)	216	-	480	2.2	-	20.0	6.0	11%	0.0	4	1,100	2	28	64
		•			Lunch/Dinner Main Dishes	Crispy Twister with original recipe strip	235	-	540	2.3	-	26.0	7.0	12%	0.0	6	1,430	4	28	62
		•			Lunch/Dinner Main Dishes	Crispy Twister with original recipe strip (without sauce)	212	-	440	2.1	-	15.0	5.0	10%	0.0	4	1,280	3	28	62
•		•			Lunch/Dinner Main Dishes	Double Crunch sandwich with crispy strip	214	-	510	2.4	-	27.0	6.0	11%	0.0	5	840	1	27	64
•					Lunch/Dinner Main Dishes	Double Crunch sandwich with crispy strip (without sauce)	191	-	410	2.1	-	16.0	4.5	10%	0.0	4	690	1	27	64
•		•			Lunch/Dinner Main Dishes	Double Crunch sandwich with original recipe strip	211	-	470	2.2	-	23.0	6.0	11%	0.0	6	1,020	2	27	64
•		•			Lunch/Dinner Main Dishes	Double Crunch sandwich with original recipe strip (without sauce)	187	-	360	1.9	-	12.0	4.0	10%	0.0	4	870	2	27	64
	•	•			Lunch/Dinner Main Dishes	Extra crispy chicken- 2 pieces (breast and wing)	451	-	1020	2.3	-	46.0	13.0	11%	0.0	10	2,530	0	51	44
	•	•			Lunch/Dinner Main Dishes	Extra crispy chicken- 2 pieces (drumstick and thigh)	402	-	880	2.2	-	39.0	10.5	11%	0.0	10	1,710	0	32	42
	•	•			Lunch/Dinner Main Dishes	Extra crispy chicken- 2 whole wings	382	-	820	2.1	-	32.0	9.0	10%	0.0	8	1,380	0	24	38
		•			Lunch/Dinner Main Dishes	Extra crispy chicken- breast	176	-	510	2.9	-	33.0	7.0	12%	0.0	1	1,010	0	39	46
					Lunch/Dinner Main Dishes	Extra crispy chicken- drumstick	59	-	150	2.5	-	10.0	2.0	12%	0.0	0	360	0	12	46
		•			Lunch/Dinner Main Dishes	Extra crispy chicken- thigh	110	-	340	3.1	-	24.0	5.0	13%	0.0	0	780	0	20	42

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					Lunch/Dinner Main Dishes	Extra crispy chicken- whole wing	56	-	190	3.4	-	13.0	2.5	12%	0.0	0	410	0	12	38
	•	•			Lunch/Dinner Main Dishes	Extra crispy half chicken (2 drumsticks and 2 thighs)	332	-	1060	3.2	-	74.0	15.0	13%	0.0	0	2,380	0	64	42
		•			Lunch/Dinner Main Dishes	Fiery buffalo hot wings (8)	232	-	640	2.8	-	40.0	8.0	11%	0.0	0	2,240	8	32	44
		•			Lunch/Dinner Main Dishes	Fiery buffalo wings (8)	224	-	640	2.9	-	40.0	8.0	11%	0.0	0	1,840	8	32	46
		•			Lunch/Dinner Main Dishes	Fiery grilled wings (8)	248	-	560	2.3	-	32.0	8.0	13%	0.0	0	1,600	0	56	46
•		•			Lunch/Dinner Main Dishes	Grilled chicken- 2 pieces (breast and wing)	169	-	490	2.9	-	34.0	7.0	13%	0.0	0	1,140	0	32	64
					Lunch/Dinner Main Dishes	Grilled chicken- 2 pieces (drumstick and thigh)	113	-	240	2.1	-	12.5	3.5	13%	0.0	0	600	0	27	60
			•		Lunch/Dinner Main Dishes	Grilled chicken- 2 whole wings	74	-	160	2.2	-	9.0	3.0	17%	0.0	0	460	0	22	46
•					Lunch/Dinner Main Dishes	Grilled chicken- breast	123	-	190	1.5	-	6.0	1.5	7%	0.0	0	550	0	34	68
					Lunch/Dinner Main Dishes	Grilled chicken- drumstick	42	-	80	1.9	-	3.5	1.0	11%	0.0	0	250	0	10	60
					Lunch/Dinner Main Dishes	Grilled chicken- thigh	71	-	160	2.3	-	9.0	2.5	14%	0.0	0	350	0	17	60
			•		Lunch/Dinner Main Dishes	Grilled chicken- whole wing	37	-	80	2.2	-	4.5	1.5	17%	0.0	0	230	0	11	46
		•			Lunch/Dinner Main Dishes	Grilled half chicken (2 drumsticks and 2 thighs)	216	-	480	2.2	-	27.0	8.0	15%	0.0	0	1,160	0	56	60
	•	•			Lunch/Dinner Main Dishes	HBBQ hot wings (8)	248	-	720	2.9	-	40.0	8.0	10%	0.0	16	2,080	0	32	38
		•			Lunch/Dinner Main Dishes	HBBQ wings (8)	208	-	640	3.1	-	40.0	8.0	11%	0.0	16	1,360	8	32	50
		•			Lunch/Dinner Main Dishes	Honey BBQ sandwich	162	-	310	1.9	-	4.0	1.0	3%	0.0	19	810	1	23	62
		•			Lunch/Dinner Main Dishes	Hot wings (8)	176	-	560	3.2	-	40.0	8.0	13%	0.0	0	1,200	0	32	42
•		•		•	Lunch/Dinner Main Dishes	KFC Famous Bowls- mashed potato with gravy	525	-	700	1.3	-	32.0	8.0	10%	1.0	3	2,260	6	26	66
		•			Lunch/Dinner Main Dishes	KFC gizzards	55	-	200	3.6	-	11.0	2.0	9%	0.0	0	800	1	11	38
					Lunch/Dinner Main Dishes	KFC livers	55	-	180	3.3	-	10.0	2.0	10%	0.0	0	620	0	11	36
					Lunch/Dinner Main Dishes	Mini melt	108	-	250	2.3	-	7.0	3.0	11%	0.0	9	690	2	15	48
•		•			Lunch/Dinner Main Dishes	Original recipe filet sandwich	215	-	480	2.2	-	23.0	4.0	8%	0.0	6	1,230	2	25	64
•		•			Lunch/Dinner Main Dishes	Original recipe filet sandwich (without sauce)	191	-	370	1.9	-	12.0	2.5	6%	0.0	5	1,080	2	25	64

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			●		Lunch/Dinner Main Dishes	Original recipe strips (2)	97	-	200	2.1	-	10.0	3.5	16%	0.0	1	660	1	21	48
		●			Lunch/Dinner Main Dishes	Original recipe strips (3)	146	-	310	2.1	-	15.0	5.0	15%	0.0	1	990	2	32	48
		●			Lunch/Dinner Main Dishes	Original recipe 2 pieces (breast and wing)	580	-	900	1.6	-	43.0	10.0	10%	0.0	3	3,060	0	37	62
		●			Lunch/Dinner Main Dishes	Original recipe 2 pieces (drumstick and thigh)	288	-	570	2.0	-	22.0	6.0	9%	0.0	6	1,740	0	46	46
	●	●			Lunch/Dinner Main Dishes	Original recipe 2 whole wings	430	-	960	2.2	-	46.0	8.0	8%	0.0	12	2,460	0	50	38
●					Lunch/Dinner Main Dishes	Original recipe chicken- breast	164	-	320	2.0	-	15.0	3.5	10%	0.0	0	710	0	42	64
●					Lunch/Dinner Main Dishes	Original recipe chicken- breast (without skin or breading)	116	-	150	1.3	-	2.5	0.5	3%	0.0	0	430	0	31	70
					Lunch/Dinner Main Dishes	Original recipe chicken- drumstick	53	-	120	2.3	-	7.0	1.5	11%	0.0	0	340	0	12	48
			●		Lunch/Dinner Main Dishes	Original recipe chicken- thigh	94	-	220	2.3	-	15.0	4.0	16%	0.0	0	620	0	18	44
					Lunch/Dinner Main Dishes	Original recipe chicken- whole wing	48	-	140	2.9	-	8.0	2.0	13%	0.0	0	390	0	12	38
	●	●			Lunch/Dinner Main Dishes	Original recipe half chicken (2 drumsticks and 2 thighs)	284	-	720	2.5	-	46.0	12.0	15%	0.0	0	2,020	0	60	46
		●			Lunch/Dinner Main Dishes	Popcorn chicken- individual	116	-	400	3.4	-	26.0	4.5	10%	0.0	0	1,160	3	21	40
		●			Lunch/Dinner Main Dishes	Popcorn chicken- large	160	-	550	3.4	-	35.0	6.0	10%	0.0	0	1,600	3	19	38
		●			Lunch/Dinner Main Dishes	Spicy crispy chicken - breast	178	-	420	2.4	-	25.0	5.0	11%	0.0	0	1,250	1	38	48
		●			Lunch/Dinner Main Dishes	Spicy crispy chicken- 2 pieces (breast and wing)	147	-	340	2.3	-	22.0	5.5	15%	0.0	0	960	1	49	42
	●	●			Lunch/Dinner Main Dishes	Spicy crispy chicken- 2 pieces (drumstick and thigh)	276	-	950	3.4	-	61.0	10.5	10%	0.0	0	2,760	1	28	38
	●	●			Lunch/Dinner Main Dishes	Spicy crispy chicken- 2 whole wings	232	-	800	3.4	-	52.0	9.0	10%	0.0	0	2,320	0	22	34
					Lunch/Dinner Main Dishes	Spicy crispy chicken- drumstick	55	-	160	2.9	-	10.0	2.0	11%	0.0	0	440	0	11	42
		●			Lunch/Dinner Main Dishes	Spicy crispy chicken- thigh	111	-	360	3.2	-	27.0	6.0	15%	0.0	0	1,010	1	17	34
					Lunch/Dinner Main Dishes	Spicy crispy chicken- whole wing	51	-	170	3.3	-	12.0	2.5	13%	0.0	0	470	0	11	34
	●	●			Lunch/Dinner Main Dishes	Spicy crispy half chicken (2 drumsticks and 2 thighs)	324	-	1060	3.3	-	78.0	17.0	14%	0.0	0	2,960	2	56	38
●		●			Lunch/Dinner Main Dishes	Tender roast sandwich	228	-	400	1.8	-	15.0	3.0	7%	0.0	6	810	1	34	68

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•					Lunch/Dinner Main Dishes	Tender roast sandwich (without sauce)	204	-	300	1.5	-	4.0	1.5	5%	0.0	4	660	0	34	72
•		•			Lunch/Dinner Main Dishes	Tender roast twister	228	-	440	1.9	-	18.0	4.0	8%	0.0	5	1,020	2	29	64
•		•			Lunch/Dinner Main Dishes	Tender roast twister (without sauce)	205	-	340	1.7	-	7.0	2.5	7%	0.0	4	870	2	29	66
		•			Lunch/Dinner Main Dishes	Toasted wrap with crispy strip	133	-	360	2.7	-	20.0	6.0	15%	0.0	2	730	2	17	46
					Lunch/Dinner Main Dishes	Toasted wrap with crispy strip (without sauce)	119	-	300	2.5	-	14.0	5.0	15%	0.0	1	640	1	17	46
		•	•		Lunch/Dinner Main Dishes	Toasted wrap with original recipe strip	131	-	340	2.6	-	18.0	6.0	16%	0.0	3	820	2	17	46
		•	•		Lunch/Dinner Main Dishes	Toasted wrap with original recipe strip (without sauce)	117	-	270	2.3	-	11.0	5.0	17%	0.0	2	730	2	17	48
		•			Lunch/Dinner Main Dishes	Toasted wrap with tender roast filet	146	-	310	2.1	-	14.0	5.0	15%	0.0	2	740	1	22	48
					Lunch/Dinner Main Dishes	Toasted wrap with tender roast filet (without sauce)	132	-	250	1.9	-	8.0	3.5	13%	0.0	2	650	1	22	60
•		•			Lunch/Dinner Main Dishes	Crispy chicken BLT salad with buttermilk ranch dressing (1 packet)	343	-	500	1.5	-	36.0	7.0	13%	0.0	5	1,060	3	30	70
•		•			Lunch/Dinner Main Dishes	Crispy chicken BLT salad with light italian dressing (1 packet)	343	-	350	1.0	-	19.0	5.0	13%	0.0	5	1,350	3	30	70
•		•	•		Lunch/Dinner Main Dishes	Crispy chicken caesar salad with dressing (1 packet) and croutons (1 packet)	333	-	650	2.0	-	48.0	11.0	15%	0.0	6	1,340	4	32	66
•		•			Lunch/Dinner Main Dishes	Original recipe chicken BLT salad with buttermilk ranch dressing (1 packet)	339	-	460	1.4	-	32.0	7.0	14%	0.0	6	1,240	4	29	70
•		•			Lunch/Dinner Main Dishes	Original recipe chicken BLT salad with light italian dressing (1 packet)	339	-	310	0.9	-	16.0	5.0	15%	0.0	6	1,530	4	29	70
•		•	•		Lunch/Dinner Main Dishes	Original recipe chicken caesar salad with dressing (1 packet)	329	-	610	1.9	-	43.0	11.0	16%	0.0	6	1,520	5	32	64
•		•			Lunch/Dinner Main Dishes	Roasted chicken BLT salad with buttermilk ranch dressing (1 packet)	332	-	360	1.1	-	24.0	4.0	10%	0.0	6	940	3	30	74
•		•			Lunch/Dinner Main Dishes	Roasted chicken BLT salad with light italian dressing (1 packet)	332	-	210	0.6	-	8.0	2.0	9%	0.0	6	1,230	3	30	76
•		•			Lunch/Dinner Main Dishes	Roasted chicken caesar salad with dressing (1 packet)	322	-	520	1.6	-	35.0	8.0	14%	0.0	6	1,210	3	33	68
					Lunch/Dinner Side Dishes	Boneless HBBQ wings (1)	33	-	80	2.4	-	3.5	0.5	6%	0.0	2	340	1	5	46
		•			Lunch/Dinner Side Dishes	Boneless fiery buffalo wings (1)	34	-	80	2.4	-	3.5	0.5	6%	0.0	0	390	1	5	50
					Lunch/Dinner Side Dishes	HBBQ wings (1)	26	-	80	3.1	-	5.0	1.0	11%	0.0	2	170	1	4	50
					Lunch/Dinner Side Dishes	Fiery buffalo wings (1)	28	-	80	2.9	-	5.0	1.0	11%	0.0	0	230	1	4	46
					Lunch/Dinner Side Dishes	Hot wings (1)	22	-	70	3.2	-	5.0	1.0	13%	0.0	0	150	0	4	42

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					Lunch/Dinner Side Dishes	HBBQ hot wings (1)	31	-	90	2.9	-	5.0	1.0	10%	0.0	2	260	0	4	38
					Lunch/Dinner Side Dishes	Fiery buffalo hot wings (1)	29	-	80	2.8	-	5.0	1.0	11%	0.0	0	280	1	4	44
					Lunch/Dinner Side Dishes	Fiery grilled wings (1)	31	-	70	2.3	-	4.0	1.0	13%	0.0	0	200	0	7	46
		•			Lunch/Dinner Side Dishes	Caesar side salad with dressing (1/2 packet) and croutons (1/2 packet)	112	-	200	1.8	-	16.5	3.5	16%	0.0	3	430	2	5	62
•					Lunch/Dinner Side Dishes	House side salad with light italian dressing (1/2 packet)	101	-	20	0.2	-	0.0	0.0	0%	0.0	3	265	1	1	78
•					Lunch/Dinner Side Dishes	House side salad with buttermilk ranch dressing (1/2 packet)	101	-	95	0.9	-	8.5	1.0	9%	0.0	3	120	1	1	78
•		•			Lunch/Dinner Side Dishes	Green beans	98	-	25	0.3	-	0.0	0.0	0%	0.0	1	380	2	1	76
		•			Lunch/Dinner Side Dishes	Mashed potatoes with gravy	153	-	130	0.8	-	4.5	1.0	7%	0.0	0	550	1	2	62
•		•			Lunch/Dinner Side Dishes	Mashed potatoes without gravy	109	-	100	0.9	-	3.0	0.5	5%	0.0	0	350	1	2	66
		•			Lunch/Dinner Side Dishes	Macaroni and cheese	137	-	180	1.3	-	9.0	3.0	15%	0.0	4	990	2	6	50
		•			Lunch/Dinner Side Dishes	Potato wedges	102	-	260	2.5	-	13.0	2.5	9%	0.0	0	740	3	4	50
•					Lunch/Dinner Side Dishes	Corn on the cob (3")	71	-	70	1.0	-	0.5	0.0	0%	0.0	3	-	2	2	86
•					Lunch/Dinner Side Dishes	Corn on the cob (5.5")	146	-	140	1.0	-	1.0	0.0	0%	0.0	5	5	4	5	86
•		•			Lunch/Dinner Side Dishes	BBQ baked beans	130	-	200	1.5	-	1.5	0.0	0%	0.0	18	680	9	8	78
		•			Lunch/Dinner Side Dishes	Potato salad	128	-	200	1.6	-	10.0	2.0	9%	0.0	5	540	3	2	62
•					Lunch/Dinner Side Dishes	Cole slaw	130	-	180	1.4	-	11.0	1.5	8%	0.0	14	160	2	1	72
		•	•		Lunch/Dinner Side Dishes	Biscuit	54	-	180	3.3	-	8.0	6.0	30%	0.0	2	530	1	4	24
	•	•	•		Lunch/Dinner Side Dishes	Biscuits (2)	108	-	360	3.3	-	16.0	12.0	30%	0.0	4	1,060	2	8	24
•					Lunch/Dinner Side Dishes	Sweet kernel corn	102	-	110	1.1	-	0.5	0.0	0%	0.0	4	-	2	4	86
		•			Lunch/Dinner Side Dishes	Macaroni salad	107	-	180	1.7	-	9.0	2.0	10%	0.0	6	400	1	3	58
•					Lunch/Dinner Side Dishes	Three bean salad	87	-	70	0.8	-	0.0	0.0	0%	0.0	7	170	3	3	82
•					Lunch/Dinner Side Dishes	KFC red beans with sausage and rice	144	-	160	1.1	-	2.5	0.5	3%	0.0	0	340	4	24	78
					Lunch/Dinner Side Dishes	KFC cornbread muffin	52	-	210	4.0	-	9.0	1.5	6%	0.0	11	240	1	3	42

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			•		Lunch/Dinner Side Dishes	Sargento light string cheese	21	-	50	2.4	-	2.5	1.5	27%	0.0	0	160	0	6	36
					Beverages															
					Side Beverages	2% milk	296	10	170	-	61%	6.0	4.0	0%	0.0	16	180	12	12	70
	•				Side Beverages	7UP- large	946	32	400	-	11%	0.0	0.0	0%	0.0	100	104	0	0	66
					Side Beverages	7UP- medium	591	20	250	-	11%	0.0	0.0	0%	0.0	63	65	0	0	66
	•				Side Beverages	7UP- Mega Jug	1892	64	800	-	11%	0.0	0.0	0%	0.0	200	208	0	0	66
					Side Beverages	7UP- small	473	16	200	-	11%	0.0	0.0	0%	0.0	50	52	0	0	66
					Side Beverages	Capri Sun Roarin' Waters- Tropical Fruit	177	6	30	-	8%	0.0	0.0	0%	0.0	8	15	0	0	68
					Side Beverages	Code Red Mountain Dew- medium	591	20	280	-	15%	0.0	0.0	0%	0.0	78	90	0	0	66
	•				Side Beverages	Code Red Mountain Dew- large	946	32	440	-	15%	0.0	0.0	0%	0.0	124	140	0	0	66
	•				Side Beverages	Code Red Mountain Dew- Mega Jug	1892	64	880	-	15%	0.0	0.0	0%	0.0	248	280	0	0	66
					Side Beverages	Code Red Mountain Dew- small	473	16	220	-	15%	0.0	0.0	0%	0.0	62	70	0	0	66
					Side Beverages	Diet Dr. Pepper- large	946	32	0	-	15%	0.0	0.0	0%	0.0	0	140	0	0	70
					Side Beverages	Diet Dr. Pepper- medium	591	20	0	-	15%	0.0	0.0	0%	0.0	0	90	0	0	70
					Side Beverages	Diet Dr. Pepper- Mega Jug	1892	64	0	-	15%	0.0	0.0	0%	0.0	0	280	0	0	70
					Side Beverages	Diet Dr. Pepper- small	473	16	0	-	15%	0.0	0.0	0%	0.0	0	70	0	0	70
					Side Beverages	Diet Mountain Dew - Mega Jug	1892	64	0	-	17%	0.0	0.0	0%	0.0	0	320	0	0	70
					Side Beverages	Diet Mountain Dew- large	946	32	0	-	17%	0.0	0.0	0%	0.0	0	160	0	0	70
					Side Beverages	Diet Mountain Dew- medium	591	20	0	-	17%	0.0	0.0	0%	0.0	0	100	0	0	70
					Side Beverages	Diet Mountain Dew- small	473	16	0	-	17%	0.0	0.0	0%	0.0	0	80	0	0	70
					Side Beverages	Diet Pepsi- large	946	32	0	-	11%	0.0	0.0	0%	0.0	0	100	0	0	70
					Side Beverages	Diet Pepsi- medium	591	20	0	-	11%	0.0	0.0	0%	0.0	0	65	0	0	70
					Side Beverages	Diet Pepsi- Mega Jug	1892	64	0	-	11%	0.0	0.0	0%	0.0	0	200	0	0	70

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
					Side Beverages	Diet Pepsi- small	473	16	0	-	11%	0.0	0.0	0%	0.0	0	50	0	0	70
					Side Beverages	Diet Sierra Mist- large	946	32	0	-	21%	0.0	0.0	0%	0.0	0	200	0	0	70
					Side Beverages	Diet Sierra Mist- medium	591	20	0	-	21%	0.0	0.0	0%	0.0	0	125	0	0	70
•					Side Beverages	Diet Sierra Mist- Mega Jug	1892	64	0	-	21%	0.0	0.0	0%	0.0	0	400	0	0	70
					Side Beverages	Diet Sierra Mist- small	473	16	0	-	21%	0.0	0.0	0%	0.0	0	100	0	0	70
	•				Side Beverages	Dr. Pepper- large	946	32	400	-	15%	0.0	0.0	0%	0.0	108	140	0	0	66
					Side Beverages	Dr. Pepper- medium	591	20	250	-	15%	0.0	0.0	0%	0.0	68	90	0	0	66
	•				Side Beverages	Dr. Pepper- Mega Jug	1892	64	800	-	15%	0.0	0.0	0%	0.0	216	280	0	0	66
					Side Beverages	Dr. Pepper- small	473	16	200	-	15%	0.0	0.0	0%	0.0	54	70	0	0	66
					Side Beverages	Lipton Brisk Green with peach tea- large	946	32	0	-	11%	0.0	0.0	0%	0.0	0	100	0	0	70
					Side Beverages	Lipton Brisk Green with peach tea- medium	591	20	0	-	11%	0.0	0.0	0%	0.0	0	65	0	0	70
					Side Beverages	Lipton Brisk Green with peach tea- Mega Jug	1892	64	0	-	11%	0.0	0.0	0%	0.0	0	200	0	0	70
					Side Beverages	Lipton Brisk Green with peach tea- small	473	16	0	-	11%	0.0	0.0	0%	0.0	0	50	0	0	70
					Side Beverages	Lipton Brisk lemon tea- large	946	32	320	-	30%	0.0	0.0	0%	0.0	88	280	0	0	66
					Side Beverages	Lipton Brisk lemon tea- medium	591	20	200	-	30%	0.0	0.0	0%	0.0	55	180	0	0	66
	•				Side Beverages	Lipton Brisk lemon tea- Mega Jug	1892	64	640	-	30%	0.0	0.0	0%	0.0	176	560	0	0	66
					Side Beverages	Lipton Brisk lemon tea- small	473	16	160	-	30%	0.0	0.0	0%	0.0	44	140	0	0	66
					Side Beverages	Lipton Brisk peach tea- large	946	32	320	-	11%	0.0	0.0	0%	0.0	84	100	0	0	68
					Side Beverages	Lipton Brisk peach tea- medium	591	20	200	-	11%	0.0	0.0	0%	0.0	53	65	0	0	68
	•				Side Beverages	Lipton Brisk peach tea- Mega Jug	1892	64	640	-	11%	0.0	0.0	0%	0.0	168	200	0	0	68
					Side Beverages	Lipton Brisk peach tea- small	473	16	160	-	11%	0.0	0.0	0%	0.0	42	50	0	0	68
					Side Beverages	Lipton Brisk raspberry tea- large	946	32	320	-	11%	0.0	0.0	0%	0.0	84	100	0	0	68
					Side Beverages	Lipton Brisk raspberry tea- medium	591	20	200	0.3	11%	0.0	0.0	0%	0.0	53	65	0	0	68
	•				Side Beverages	Lipton Brisk raspberry tea- Mega Jug	1892	64	640	0.3	11%	0.0	0.0	0%	0.0	168	200	0	0	68
					Side Beverages	Lipton Brisk raspberry tea- small	473	16	160	0.3	11%	0.0	0.0	0%	0.0	42	50	0	0	68

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
●					Side Beverages	Lipton Brisk tea- large	946	32	0	0.0	27%	0.0	0.0	0%	0.0	0	260	0	0	70
●					Side Beverages	Lipton Brisk tea- medium	591	20	0	0.0	27%	0.0	0.0	0%	0.0	0	160	0	0	70
●					Side Beverages	Lipton Brisk tea- Mega Jug	1892	64	0	0.0	27%	0.0	0.0	0%	0.0	0	520	0	0	70
●					Side Beverages	Lipton Brisk tea- small	473	16	0	0.0	27%	0.0	0.0	0%	0.0	0	130	0	0	70
	●				Side Beverages	Manzanita Sol- large	946	32	440	0.5	13%	0.0	0.0	0%	0.0	112	120	0	0	66
					Side Beverages	Manzanita Sol- medium	591	20	280	0.5	13%	0.0	0.0	0%	0.0	70	75	0	0	66
	●				Side Beverages	Manzanita Sol- Mega Jug	1892	64	880	0.5	13%	0.0	0.0	0%	0.0	224	240	0	0	66
					Side Beverages	Manzanita Sol- small	473	16	220	0.5	13%	0.0	0.0	0%	0.0	56	60	0	0	66
	●				Side Beverages	Mirinda Strawberry- large	946	32	440	0.5	11%	0.0	0.0	0%	0.0	116	100	0	0	66
					Side Beverages	Mirinda Strawberry- medium	591	20	280	0.5	11%	0.0	0.0	0%	0.0	73	65	0	0	66
	●				Side Beverages	Mirinda Strawberry- Mega Jug	1892	64	880	0.5	11%	0.0	0.0	0%	0.0	232	200	0	0	66
					Side Beverages	Mirinda Strawberry- small	473	16	220	0.5	11%	0.0	0.0	0%	0.0	58	50	0	0	66
	●				Side Beverages	Mountain Dew- large	946	32	440	0.5	15%	0.0	0.0	0%	0.0	116	140	0	0	66
					Side Beverages	Mountain Dew- medium	591	20	280	0.5	15%	0.0	0.0	0%	0.0	73	90	0	0	66
	●				Side Beverages	Mountain Dew-- Mega Jug	1892	64	880	0.5	15%	0.0	0.0	0%	0.0	232	280	0	0	66
					Side Beverages	Mountain Dew- small	473	16	220	0.5	15%	0.0	0.0	0%	0.0	58	70	0	0	66
	●				Side Beverages	Mug Root Beer- large	946	32	400	0.4	6%	0.0	0.0	0%	0.0	104	60	0	0	66
					Side Beverages	Mug Root Beer- medium	591	20	250	0.4	7%	0.0	0.0	0%	0.0	65	40	0	0	66
	●				Side Beverages	Mug Root Beer- Mega Jug	1892	64	800	0.4	6%	0.0	0.0	0%	0.0	208	120	0	0	66
					Side Beverages	Mug Root Beer- small	473	16	200	0.4	6%	0.0	0.0	0%	0.0	52	30	0	0	66
	●				Side Beverages	Pepsi- large	946	32	400	0.4	11%	0.0	0.0	0%	0.0	108	100	0	0	66
					Side Beverages	Pepsi- medium	591	20	250	0.4	11%	0.0	0.0	0%	0.0	68	65	0	0	66
	●				Side Beverages	Pepsi- Mega Jug	1892	64	800	0.4	11%	0.0	0.0	0%	0.0	216	200	0	0	66
					Side Beverages	Pepsi- small	473	16	200	0.4	11%	0.0	0.0	0%	0.0	54	50	0	0	66
	●				Side Beverages	Sierra Mist- large	946	32	400	0.4	11%	0.0	0.0	0%	0.0	108	100	0	0	66
					Side Beverages	Sierra Mist- medium	591	20	250	0.4	11%	0.0	0.0	0%	0.0	68	65	0	0	66
	●				Side Beverages	Sierra Mist- Mega Jug	1892	64	800	0.4	11%	0.0	0.0	0%	0.0	216	200	0	0	66
					Side Beverages	Sierra Mist- small	473	16	200	0.4	11%	0.0	0.0	0%	0.0	54	50	0	0	66
	●				Side Beverages	Tropicana Fruit Punch- large	946	32	440	0.5	11%	0.0	0.0	0%	0.0	120	100	0	0	66
					Side Beverages	Tropicana Fruit Punch- medium	591	20	280	0.5	11%	0.0	0.0	0%	0.0	75	65	0	0	66
	●				Side Beverages	Tropicana Fruit Punch- Mega Jug	1892	64	880	0.5	11%	0.0	0.0	0%	0.0	240	200	0	0	66
					Side Beverages	Tropicana Fruit Punch- small	473	16	220	0.5	11%	0.0	0.0	0%	0.0	60	50	0	0	66
	●				Side Beverages	Tropicana Lemonade- large	946	32	400	0.4	44%	0.0	0.0	0%	0.0	108	420	0	0	66
					Side Beverages	Tropicana Lemonade- medium	591	20	250	0.4	44%	0.0	0.0	0%	0.0	68	260	0	0	66
	●				Side Beverages	Tropicana Lemonade- Mega Jug	1892	64	800	0.4	44%	0.0	0.0	0%	0.0	216	840	0	0	66
					Side Beverages	Tropicana Lemonade- small	473	16	200	0.4	44%	0.0	0.0	0%	0.0	54	210	0	0	66

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score		
	•				Side Beverages	Tropicana Pink Lemonade- large	946	32	400	0.4	44%	0.0	0.0	0%	0.0	108	420	0	0	66		
					Side Beverages	Tropicana Pink Lemonade- medium	591	20	250	0.4	45%	0.0	0.0	0%	0.0	68	268	0	0	66		
	•				Side Beverages	Tropicana Pink Lemonade- Mega Jug	1892	64	800	0.4	44%	0.0	0.0	0%	0.0	216	840	0	0	66		
					Side Beverages	Tropicana Pink Lemonade- small	473	16	200	0.4	44%	0.0	0.0	0%	0.0	54	210	0	0	66		
					Side Beverages	Tropicana Sugar Free Lemonade- large	946	32	0	0.0	27%	0.0	0.0	0%	0.0	0	260	0	0	70		
					Side Beverages	Tropicana Sugar Free Lemonade- medium	591	20	0	0.0	27%	0.0	0.0	0%	0.0	0	160	0	0	70		
					Side Beverages	Tropicana Sugar Free Lemonade- Mega Jug	1892	64	0	0.0	27%	0.0	0.0	0%	0.0	0	520	0	0	70		
					Side Beverages	Tropicana Sugar Free Lemonade- small	473	16	0	0.0	27%	0.0	0.0	0%	0.0	0	130	0	0	70		
	•				Side Beverages	Tropicana Twister orange- large	946	32	440	0.5	11%	0.0	0.0	0%	0.0	120	100	0	0	66		
					Side Beverages	Tropicana Twister orange- medium	591	20	280	0.5	11%	0.0	0.0	0%	0.0	75	65	0	0	66		
	•				Side Beverages	Tropicana Twister orange- Mega Jug	1892	64	880	0.5	11%	0.0	0.0	0%	0.0	240	200	0	0	66		
					Side Beverages	Tropicana Twister orange- small	473	16	220	0.5	11%	0.0	0.0	0%	0.0	60	50	0	0	66		
					Side Beverages	Wild Cherry Pepsi- large	946	32	400	0.4	8%	0.0	0.0	0%	0.0	112	80	0	0	66		
					Side Beverages	Wild Cherry Pepsi- medium	591	20	250	0.4	8%	0.0	0.0	0%	0.0	70	50	0	0	66		
					Side Beverages	Wild Cherry Pepsi- Mega Jug	1892	64	800	0.4	8%	0.0	0.0	0%	0.0	224	160	0	0	66		
					Side Beverages	Wild Cherry Pepsi- small	473	16	200	0.4	8%	0.0	0.0	0%	0.0	56	40	0	0	66		
					Snacks and Desserts																	
	•				Snack Foods	KFC Snacker with original recipe strip	113	-	270	2.4	-	12.0	3.0	10%	0.0	5	560	2	15	64		
	•				Snack Foods	KFC Snacker with original recipe strip (without sauce)	103	-	230	2.2	-	7.0	2.0	8%	0.0	4	500	2	15	68		
	•				Snack Foods	KFC Snacker with crispy strip	115	-	300	2.6	-	14.0	3.0	9%	0.0	4	470	2	15	64		
	•				Snack Foods	KFC Snacker with crispy strip (without sauce)	105	-	250	2.4	-	9.0	2.5	9%	0.0	4	410	2	15	68		
	•				Snack Foods	KFC Snacker with original recipe strip- buffalo	113	-	240	2.1	-	7.0	2.0	8%	0.0	4	670	2	15	64		
	•				Snack Foods	KFC Snacker with crispy strip- buffalo	115	-	260	2.3	-	9.0	2.5	9%	0.0	4	580	2	15	64		
					Snack Foods	KFC Snacker- fish	116	-	320	2.8	-	14.0	3.0	8%	0.0	5	640	2	16	50		
					Snack Foods	KFC Snacker- fish (without sauce)	105	-	290	2.8	-	12.0	2.5	8%	0.0	4	550	1	16	62		
					Snack Foods	KFC Snacker with original recipe strip- ultimate cheese	113	-	260	2.3	-	9.0	3.0	10%	0.0	5	650	2	15	62		

Healthy NPI score	Exceeds calorie limits	Exceeds sodium limits	>15% Calories from saturated fat	Contains trans fat	Type of food	Individual item	Serving size (g)	Serving size (oz)	Calories (Kcal)	Energy density (kcal/g)	Energy density beverages (% sugar by weight)	Total fat (g)	Saturated fat (g)	% Calories from saturated fat	Trans fat (g)	Sugar (g)	Sodium (mg)	Fiber (g)	Protein (g)	NPI score
		•			Snack Foods	KFC Snacker with crispy strip- ultimate cheese	114	-	280	2.5	-	11.0	3.0	10%	0.0	4	560	2	16	62
•		•			Snack Foods	KFC Snacker- honey BBQ	98	-	210	2.1	-	3.0	1.0	4%	0.0	12	470	2	13	64
•		•		•	Snack Foods	Snack size bowl	232	-	320	1.4	-	15.0	4.5	13%	0.5	1	990	3	12	66
					Sweet Snacks	Apple turnover (1)	86	-	260	3.0	-	13.0	3.0	10%	0.0	14	170	1	2	50
	•				Sweet Snacks	Apple turnovers (2)	172	-	520	3.0	-	26.0	6.0	10%	0.0	28	340	2	4	50
					Sweet Snacks	Brownie minis (1 pack)	57	-	280	4.9	-	16.0	6.0	19%	0.0	21	180	1	3	18
					Sweet Snacks	Café Valley Bakery chocolate chip cake (values for 1 slice; 6 slices per cake)	76	-	280	3.7	-	9.0	3.5	11%	0.0	21	160	1	3	40
	•		•		Sweet Snacks	Lil' Bucket lemon crème parfait cup	127	-	390	3.1	-	14.0	8.0	18%	0.0	47	220	0	7	34
			•		Sweet Snacks	Lil' Bucket chocolate crème parfait cup	113	-	280	2.5	-	14.0	9.0	29%	0.0	22	220	1	2	38
			•		Sweet Snacks	Lil' Bucket strawberry shortcake parfait cup	99	-	230	2.3	-	8.0	4.0	16%	0.0	20	220	1	2	48
			•		Sweet Snacks	Strawberry cream cheese pie slice	78	-	270	3.5	-	15.0	10.0	33%	0.0	22	220	0	3	24
	•				Sweet Snacks	Pecan pie slice	95	-	410	4.3	-	21.0	6.0	13%	0.0	22	220	1	4	36
					Sweet Snacks	Lemon meringue pie slice	81	-	250	3.1	-	7.0	3.5	13%	0.0	33	210	0	4	34
					Sweet Snacks	Dutch apple pie slice	108	-	320	3.0	-	14.0	6.0	17%	0.0	24	300	1	2	42
			•		Sweet Snacks	Cookie dough pie slice	68	-	240	3.5	-	12.0	7.0	26%	0.0	21	190	1	3	26
			•		Sweet Snacks	Sara Lee sweet potato pie slice	113	-	340	3.0	-	16.0	7.0	19%	0.0	25	330	0	5	38
			•		Sweet Snacks	Sweet Life sugar cookie	35	-	160	4.6	-	7.0	3.0	17%	0.0	11	125	0	2	24
					Sweet Snacks	Sweet Life oatmeal raisin cookie	35	-	150	4.3	-	6.0	2.5	15%	0.0	13	130	1	2	28
			•		Sweet Snacks	Sweet Life chocolate chip cookie	35	-	170	4.9	-	8.0	4.0	21%	0.0	15	90	1	2	22